

THE HIGHLAND NEWS.



A MONTHLY PAPER DEVOTED TO THE INTERESTS OF GOOD HEALTH.
 "AND THOU SHALT BRING FORTH TO THEM WATER OUT OF THE ROCK."

Vol. I.—No. 3.

THE HIGHLANDS, SOUTH MANCHESTER, CONN., APRIL, 1886.

25 Cents a Year.



"If thou art worn and hard beset
 With sorrows that thou wouldst forget,
 If thou wouldst read a lesson, that will keep
 Thy heart from fainting, and thy soul from
 sleep.

Go to the woods and hills! No tears
 Dim the sweet look that Nature wears."
 —Longfellow.

For The Highland News.
ULA'S FLIRTATION.

The beautiful Highland home of Mr. Gould had received as guests Ula Booth and Kate Ainslie; the former a fun-loving young woman, the petted daughter of wealthy parents whose greatest ambition was for her to shine in society; Ula was the merriest of the merry, admired by many, envied by more, while her cousin Kate was a quiet little body, whose chief attraction was an amiable disposition.

"How grand!" she exclaimed, looking over the fields, for the Highlands boast of many bits of picturesque beauty; "lift up thine eyes round about and see; the poet and artist is in my soul, if I could only transfer it to canvas or paper."

"Then the Highlands would be as justly famous as they deserve," said Ula. "I am glad you like; your life has been such a whirl of exciting gaiety that I feared even this beauty would not prove as attractive to you as the merry crowds at fashionable resorts."

"I always hated the country until I came here, but these exquisite views are enough to drive off ennui; however, I confess I do wish the owners of the Springs had built that hotel; how jolly it would be then; throngs of summer tourists bent on pleasure! I do like excitement; just think! there isn't a soul within a radius of half a mile who is up to a flirtation, not an eligible young man within range of my charms."

"There will be to-morrow," replied Mrs. Gould; "we expect a young friend of ours, Rev. Arthur Angell, to spend several weeks with us; he is weary from excessive work, so we have invited him here to try our pure air and invigorating Tonic Water. I hope you will find him pleasant company."

"Is he married?"
 "No; 'heart whole and fancy free."
 "Good!" rejoined Ula; "a parson and single. Suppose he'll flirt, or is he one of those dyspeptic Christians with a face the length of the long-metre doxology,

with hymn-book and sermon written on every line of his physiognomy?"

"He is a noble young man, not a society swell minus brains; I doubt if even your attractive self will lure him into a flirtation."

"It will be my first failure, then," laughed Ula, roguishly; "wait and see; where there's a will there's a way, and where there's a woman there's always a will."

The next morning, when she threw open the blinds, the glad sunlight had cast its beauty over the whole landscape, a perfect picture from the hand of the Great Artist lay before her; for a moment her eyes rested on the scene with a look which told that beneath the thoughtless gaiety was a strata of natural devotion; catching a glimpse of a form in the hammock, she exclaimed:

"Look, Kate, there he is; light hair and blue eyes; ugh! I don't like the style, but he's handsome any way; so here goes for a flirtation," she laughed, rearranging her hair and surveying herself in the mirror. "There will I do?" By the way have you got a copy of Baxter's 'Saints' Rest' or Bunyan's 'Pilgrim Progress?' Let me see, Baptist clergymen are strong on immersion, aren't they? Say, do all heathens live in India?"

"I know one who don't," was Kate's suggestive answer.

"Now, Kate Ainslie, you're too saucy for anything! I'm sure it's real kind of me to plan so thoughtfully for his reverend highness."

"What if he should lose his heart? Flirtations are dangerous amusements."

"Don't preach; there's no danger, he won't fall in love with a girl who delights in fashion and balls; flirting with a parson is a novel recreation. Come, there's the breakfast bell!"

Introductions over, the meal passed pleasantly. Mr. Angell was dignified politeness. Ula was more than usually attractive, no the new acquaintance began favorably.

"Ula," interrupted Kate, as she entered the cosy room where her cousin was writing, "Mrs. Gould thinks we ought to invite Mr. Angell to join our party this evening. I don't like to ask him, suppose you write him a note?"

"With delight, as soon as I finish this letter to Maud Lee."

Half an hour later Sarah, the maid of all work, knocked at Mr. Angell's door and delivered a missive which he opened and read:

HIGHLANDS, June 30, '85.

"You dear old goose,—
 "I am here for the summer; it's a lovely place, green hills and sunshine; the Doctor advised papa to send me here because of the wonderful worth of the Tonic Water; wish you was one of our number; a large hotel will be built by next summer, then you must come and help

make things lively; I've been here two weeks without a conquest; no less, no promenades, but now the wind is in my favor; last evening there arrived a fine specimen of clerical beauty, Rev. Arthur Angell; I fancy he is just from Greenland's icy mountains, he is so dignified and stately; evidently his religion is frozen into him; probably Tonic Water will thaw him out; you needn't laugh, I'm in for a flirtation from first to fourthly; no more operas for me; I am now devoting my voice to the practice of that expressive hymn, 'I want to be an Angel'; will let you know how the affair progresses; shall be a connoisseur in sermons when we meet.
 Lovingly,
 Ula."

"That girl is the personification of impudence," muttered Mr. Angell, as he refolded the letter and wrote thereon:

"Miss Booth has probably sent the wrong note, which Mr. Angell begs pardon for reading, and recommends her to establish her connoisseurship by familiarizing herself with sermons on the evils of impertinence."

"Here, Sarah, take this to Miss Booth with my compliments."
 As the letter lay in Ula's hand her face crimsoned.

"Kate Ainslie," she cried, "did you ever hear of such a thing? I sent Maud's letter to that hateful parson and he read it. 'The evils of impertinence,' indeed! I just hate him; who would suppose a minister would be mean enough to read another's letter!"

"He must have been astonished to be addressed as 'You dear old goose,' was Kate's reply.

"He is worse than a goose," petulantly returned Ula, bursting into tears.

"Don't cry, dear, your eyes will be red, and even you are not pretty enough to flirt with red eyes."

"Don't be sarcastic. I won't look at him again; I won't speak to him; I shall die of shame."

"I wouldn't; you don't want to be that kind of an angel now."

"Kate, you are too cruel to laugh at me so. What can I do? I won't apologize, and how can I look him in the face again?"

The days passed pleasantly, despite the unfavorable turn; the young people were together often in various picnics and rambles; Mr. Angell was usually left to Kate's entertainment for Ula studiously avoided him, although he never alluded to the letter but treated her with dignified cordiality.

"Ula," said Mrs. Gould, one afternoon, "I believe Arthur Angell has fallen in love with you."

"Goodness! I hope not; I've no intention of marrying a theological iceberg."

"He is a grand man, who would love and honour a woman with all his heart; you are capable of better things than fashionable frivolity and need just such a love to mould your life into one of usefulness and grandeur."

"Mrs. Gould, I will not be the victim of any matchmaking scheme; not even you, my mother's dearest friend, shall talk to me. The idea! What kind of a minister's wife would I make? Beside, Mr. Angell doesn't love me; if he has led you to believe so, he is a fortune hunter and a hypocrite, and—

"Miss Booth."

Looking around she saw Mr. Angell in the door, his face flushed, a look of pain in his eyes, his lips compressed with firmness.

"Yes, and an eavesdropper, too," she added; with a sarcastic laugh and mocking bow she left them.

"Ula," said Kate, a few hours later as she sought their room and found her friend in tears: "Mrs. Gould is grieved by your conduct; you have wrongfully accused her friend, and, rather than endure your taunts and sneers, he has gone."

"Gone! Where?"

"To his own home; he started for the evening train, and is now, I suppose, on the way."

"Of course I am to blame. I should have allowed Mrs. Gould to marry me off to any one who wants my father's money."

The conversation was interrupted by Mrs. Gould calling excitedly: "Girls, come down quickly. Mr. Angell has been thrown by a horse and severely injured; they are bringing him to the house now."

"Injured? How?" exclaimed both girls in a breath.

"You see he would walk to the depot; said he needed the exercise; it seems that Mrs. Staples was turning the corner by the post-office, when her horses became frightened, threw her out of the carriage, and would have trampled under their feet little Mammie Newton had not Mr. Angell saved her life at the risk of his own."

"He won't die, will he?" cried Ula, her pale face the picture of terror.

"I don't know; I hope God will spare his life; if not, think of your hasty words."

"Don't, don't, Mrs. Gould," sobbed the girl. "Kate, can't you pray? I never did in my life, but you pray for him, quick."

"Let us kneel together, Ula."

"I don't dare; God wouldn't hear me; Oh! Kate, what have I done? Can't you help me? Kate, do you know, I—I loved him."

As they brought him in bleeding and unconscious, Ula caught the doctor's arm, asking in a terrified whisper:

"Will he live?"

"I think so," was his answer; "his injuries are not fatal; good nursing will restore him."

For several days he lay between life and death; Ula watched patiently by his side, caring for him tenderly; her conscience smote her as in his delirium he murmured: "fortune hunter, eavesdropper."

One morning his eyes opened in consciousness; Ula's face was bending over him, not with a proud sneer, but with a look of tenderness, the reflection of the heart life.

"How came I here? What is the matter?" he inquired.

"You have been ill and I am caring for you."

"You!" was the surprised exclamation.

"Yes; you are not to talk until you are stronger."

"It is very restful to lie here and watch you," he said, one day as she closed the book she had been reading to him; "why have you stayed to nurse me?"

"Because I am ashamed of all the unkind things I said and want you to forgive me."

"Is that all the reason, Ula," he said passionately, drawing her face close to

his. "I love you with a devotion as pure as sunlight, as true as faith; won't you say one encouraging word to me? Won't you tell me it is because you care for me just a little?"

"I stayed because I love you," she faltered.

"Amen! The Father has turned my darkness into light; may He bless us both;" his eyes closed a moment and she knew that a fervent prayer was heard at the Throne.

"I have been very thoughtless; I am not fitted for your work; I never prayed until the evening of the accident; then I said to God, if He would give you back to me I would serve Him all my life; I've never thought much of these things, but during these days at your side a wonderful light has come to me; I want to be more and do more; you will help me to that height of faith and peace you have attained."

One day, after he had grown stronger, they were sitting on the veranda planning for the future.

"How could you love me after all my hatefulness," she asked.

"I had nearly forgotten it all," he answered; "at any rate I have forgiven it now I am sure you 'want to be an Angel.'"

"Don't be saucy, sir, or you may hear a sermon on the 'evils of impertinence,'" was Ula's response.

TO OUR AGENTS.

We congratulate you upon the success that has been attained by Tonica, and as the season advances we propose to move along the whole line and place Tonica in amount of sales where it stands in merit, at the head. The secret of its success lies in its true worth, the public are fast recognizing this fact. Its remarkably successful introduction has not been accomplished by bluster and brag, but by inherent merits, and by the personal energy of those who have had the matter in charge. We propose to continue this line of action, not confounding Tonica with any of the board-fence and telegraph pole nostrums, but placing it where it belongs, as Nature's Remedy, above and beyond all the compounds of man.

Thanking you for your hearty co-operation, we remain,

Sincerely Yours,
CASE BROTHERS.

OLD THINGS.

Give me the old songs, those exquisite bursts of melody which thrilled the lyres of the inspired poets and minstrels of long ago. Every note has borne on the air a tale of joy and rapture—of sorrow and sadness! They tell of days gone by, and time hath given them a voice which speaks to us of those who once breathed these melodies—of what they now are, and what we soon shall be. My heart loves those melodies; may they be mine to hear till life shall end, and as I "launch my boat" upon the sea of eternity, may their echoes be wafted to my ear, to cheer me on my passage from the scenes of earth and earthland!

Give me the old paths, where we have wandered and culled the flowers of love and friendship, in the days of "auld lang syne;" sweeter, far, the dells whose echoes have answered to our voices; whose turf is not a stranger to our footsteps, and whose rills have in childhood's days

reflected back our forms, and those of our merry play-fellows, from whom we have parted, and meet no more in the old nooks we loved so well.

Give me the old house, upon whose stairs we seem to hear light footsteps, and under whose porch a merry laugh seems to mingle with the winds that whistle through old trees, beneath whose branches lie the graves of those who once trod the halls, and made the chambers ring with glee. And O, above all give me the old friends— hearts bound to mine in life's sunny hours, and with a link so strong that all the storms of earth might not break it asunder,— spirits congenial, whose hearts through life have throbbled in unison with our own! O, when death shall still this heart, I would not ask for aught more sacred to hallow my dust, than the tear of an old friend. May my funeral dirge be chanted by the old friends I loved so fondly, who have not yet passed away to the spirit's bright home!

TABLE TALK.

SUGGESTIONS AND FACTS.

In the work of the world we forget often that it is a great factory wheel, which, at every revolution of its axis, receives fifty thousand raw souls, and turns off nearly the same number worked up more or less completely.

There are in India 600,000 widows under nineteen years of age, who are doomed to perpetual widowhood, or worse, by the custom of child marriage. Of these, 78,000 are less than nine years old, and over 200,000 between ten and fourteen.

"For more than twenty-five years of my life," says John Ruskin, "I would not believe that women could paint pictures. But I was wrong in that established conviction. Women can paint. I am quite subjugated, converted, and my ideas overthrown."

A prominent Hartford citizen tells his experience with Tonica:

HARTFORD, CONN., Feb. 8, 1886.

Messrs. Case Brothers:

GENTLEMEN—If I withheld my praise of Tonica Water I should be an ingrate.

About one year previous to October 15, 1885, I had been subject to attacks of malaria. Medicine seemed to check it only to return worse than ever, besides having all the time from one to three boils, a most aggravated case of chronic nasal catarrh, a constant growing tendency to the worst form of piles, and, worse than all else, a serious kidney trouble, bordering on Bright's disease. I had kept up simply through strength of will, hoping that the change of season would bring relief.

When you told me that you felt certain that Tonica Water would cure me, I must frankly say that I accepted your assertion with a great deal of mental reservation, and I can assure you that in my case it has been no "faith cure." For the life of me I could not see how water could cure chills, when I had been taught from childhood that the reverse was to be expected. However, I jumped at the conclusion that it was not a "cure or kill" remedy, and commenced using it about the date above mentioned, and from the first time

I drank it I experienced relief, and after using it thirty-six hours my "shaky feelings" had given way to a fixed faith in Tonica, which has grown stronger every day since, although malaria seemed to contest every step towards a cure; but I am thankful to be able to say that now I feel that the cure is perfect, and that Tonica Water is more of a specific than you claim it to be.

The most surprising thing to me was its gratifying effect on my catarrh and pile disorders, both of which seemed to act as under the best treatment possible for each disease, and the same is true of my kidney troubles, which, in fact, I think was the basis of all my afflictions.

I have never ceased to wonder at the remarkable effect of Tonica Water on the human system, as exemplified in my case, and can only say that it was marvelous. If I can say or do anything to advance the interests of this great natural remedy, don't fail to let me know, as it certainly ought to be known to every human being.

I am gratefully and respectfully yours,
J. ACTON MILLER,

Manager of The Miller Advertising Agency.

PROMPT AND PRACTICAL.

Dean Stanley was a brave, quick-witted man. No matter how large the majority against him, he was always willing to stand up and be counted. When questioned, his answer was ready. The following anecdote illustrates the Dean's readiness to give an answer, which, if not the very best, was the best for the time and place:

The Dean was once traveling in a railway carriage, when a blustering man exclaimed,—

"I should like to meet that Dean of Westminster! I'd put a question to him that would puzzle him."

"Very well," said a voice out of another corner. "Now is your time for I am the Dean."

The man was rather startled, but presently recovered, and said,—

"Well, sir, can you tell me the way to heaven?"

"Nothing easier," answered the Dean. "You have only to turn to the right and go straight forward."

THE YOUNG MAN.

ADVANTAGES THAT ARE OFFERED TO HIM IN LIFE.

This country presents wonderful advantages for a young man. We are rapidly growing in population and wealth. Our laws are made to protect the many and not the few. There are no class prejudices that keep down an aspiring young man; nearly all our leading men are from families that were very poor or had very moderate means. The necessary educational advantages of this country for a business pursuit are unsurpassed, and there is nothing to prevent any one of "our boys" taking almost any position in life that he aspires to, if he has the strength of character to mark out a course and pursue it with a fixed, unwavering purpose. This is all the easier to do, because in every city, town, and hamlet there are bright

examples of successful men for a youth to copy after. The men who have made failures of life are also everywhere, but in every case the cause can be clearly and plainly traced to some fault of character and disposition, and from the man that has made a success and the man that has made a failure, a practical lesson can be learned.

If a boy will be observant enough, school himself to think over the lessons that are everywhere before his eyes, draw conclusions why one man has made a success and another made a failure, the moment he brings himself to that point he has made a very great start toward becoming a good man and citizen. The practice of close observation and thought in a young man increases his power to observe and discriminate. Just as a child in learning to walk becomes stronger and stronger, and is enabled to go from chair to chair and finally to need no support, so the habit of thought and observation reaches out from one thing to another for support, growing stronger and stronger as they are practised. The will power to direct thoughts in the right channel then comes in, and you can, by practice, point them in any direction.

Napoleon said that he brought his mind to be like a chest of drawers, which he could open and shut at pleasure—that is, he could take up a train of thought, think it out in all its different bearings, and turn to some other subject, putting the former entirely out of mind. Now, if any young man or boy will cultivate the habit of closely observing everything that passes before his eyes and analyze in his mind the conversation he hears, or what he reads, he will have gained a victory that will be of immense advantage in guiding him toward the goal that an honorable ambition leads to. A right determination at the right moment is very often the turning point between a great success or a disastrous failure, and therefore the education of your thoughts so that at the proper time you are able to judge wisely and well is all-important.—*Dry Goods Chronicle.*

EDITOR, HIGHLAND NEWS.

Dear Sir,—Your valuable paper, issued as it is in the interest of good health, admits of "Talks" upon cognate subjects. The range is wide, and one subject at a time is all that space allows. Following somewhat the line of thought suggested by the article in a former number of the News, "The relation of pure water to the human system," we proceed from a theoretical to a more practical consideration of this relation. We here quote from an eminent medical authority, who writes: "Water accomplishes one thing which no drug, no other substance can, it purifies the blood." "Water possesses the power of actually increasing the amount of vitality in the system. This is, in fact, the prime effect of water, it aids the system in throwing off disease in the same way that increasing a merchant's capital aids him in throwing off debt." Another medical writer of high repute says: "Some persons no doubt get into the habit of taking more water than is necessary for their system or for many reasons desirable. I feel sure that more take too little in proportion to the solid food they consume, in fact eat too well and do not take fluid enough to ensure the proper assimilation of much of the solid matter and

effect a free solution and removal of the excrementitious substances formed during the physiological action of the tissues and organs.

The consequence is that as time goes on the deposition of various substances takes place and contraction and condensation of the tissues proceed faster than they should do. Old age being reached years before the natural period of its advent." If these medical writers are admitted in evidence (and it is doubtful if any higher authority can be quoted) we cannot fail to see the importance of water as a remedial agent, and that the quality should either be pure or hold in solution only such salts or elements as will readily combine with the salts or elements in the blood, and tending by union either chemically or otherwise to restore it to normal and healthy condition. For it cannot be doubted that blood change precedes disease in a healthy person, and may even in those with hereditary taint. These minims or grains of the right thing will far outweigh pounds and gallons of the wrong one.

C. W. M.

PROVIDENCE, R. I.

To each boy or girl who will send us a correct solution to the following puzzle by the 1st of May, we will give a year's subscription to this paper.

A GEOGRAPHICAL PUZZLE FOR LITTLE FOLKS WHO LIKE TONICA WATER.

One day Mr. *Mt.* in Washington Territory was a city in Penn. in the HIGHLAND NEWS, how Mr. *city* in N. H. had been cured of a Tropic by using the sediment from the mineral spring, that Mrs. *capital* of Mississippi had been cured of malaria by use of the famous Tonic Water, that Mrs. *city* in New Brunswick said it was a lake in British America and very a city in France; so Mr. *Mt.* in Washington Ter. decided to drive to the Highlands and purchase a case of the Water for his wife, a *cape* of Maine. The clouds prophesied a *cape* of Oregon although it was not yet a lake between Minnesota and British America; the *city* in West Virginia was good. He took with him his daughters, a *city* in Maine and a *city* in N. Y., his son, a lake in N. Y. and his nieces, a *city* in Montana and a *city* in Italy; they had a pleasant drive, the air was not a country in South America and the fields were mountains in Vermont. They left the carriage for a *city* in Italy over the beautiful fields; they picked flowers the color of a *river* in Louisiana and mountains in N. H., to aid them in the study of a bay off Australia; a bird with a town in Minnesota flew over their heads, when their merry bay near the strait of Belle Isle rang in the air; the *city* in Italy saw an island off the coast of Maine and thought it was a *river* in Iowa; just then a *river* in Idaho ran behind a *city* in Arkansas and frightened the children, so they had a lively *cape* of Newfoundland, passing the town in the Isle of Wight, reaching the tree where Mr. *Mt.* in Washington Ter. sat reading the military exploits of a town in northwestern Ohio; each of the five children took a book, one, the discoveries of a *city* in Ohio, another the life of President *city* in Nebraska, another the genius of a lake in Nevada, another the poems of the blind town in Florida and the other the Odyssey of a town in Louisiana, the eastern coast of Central America buzzed about their heads and was the *city* in France of their pleasure, so on they started; arriving at the Highlands they visited the Falls where they met a little girl, a *city* in Norway, and a little boy, a *cape* of Virginia; they had a swing suspended from a summer resort in New Jersey, in which the children enjoyed themselves until the *Mt.* in Ethiopia shone brightly, then they said a *cape* of New Zealand and went home pronouncing Tonic Water to be one of the great lakes to any other and hoping Case Bros. would reap a bay off Newfoundland from its sales.

IDA BUXTON.

IN BRIEF.

In months of sun so live that months of rain shall be happy.—*J. G. Whittier.*

A wide-spreading, hopeful disposition is your only true umbrella in this vale of tears.—*T. B. Aldrich.*

Behind the snowy loaf is the mill-wheel, behind the mill the wheatfield, on the wheatfield falls the sunlight, above the sun is God.—*J. L. Russell.*

Believe nothing against another but on good authority; nor report what may hurt another, unless it be a greater hurt to another to conceal it.—*William Penn.*

True glory consists in doing what deserves to be written; in writing what deserves to be read, and in so living as to make the world happier and better for our living in it.—*Pliny.*

Bind together your spare hours by the cord of some definite purpose, and you know not how much you may accomplish. Gather up the fragments of your time that nothing may be lost.

—*Wm. M. Taylor.*

Try to be happy in this very moment; and put not off being so to a time to come; as though that time should be of another make from this, which has already come, and is ours.—*Fuller.*

THE POWER OF SILENCE.

The great things of this world are not accomplished with a noise. Life is too serious to be shouted and hallooed over. Great deeds are done in silence with bated breath and colorless cheek. Of old the prophet on the mountain top heard naught in the wind and the storm, but in the presence of the great silence that followed he stood with veiled face for the voice of God was in the majesty of that stillness.

Among men, the thoughtful, serious, earnest, men of power, to whom all eyes instinctively turn, in action, for leadership, in peril, for deliverance, in perplexity, for counsel, are the silent ones. It often happens that the credit of doing goes to those who make the greatest commotion, whose action is most apparent, while he who sits calmly directing and controlling, by the power of his will is unthought of and little accounted, but the consciousness of his power is his reward and that is a meed far above the plaudits of the multitude. Nay more, there is a kinship among great minds and there will always be found a true recognition. H.

ALCOHOL AND HEALTH.

The evil effects of alcohol when used as a beverage are becoming thoroughly appreciated. The moral degradation, the mental impairment, and the destruction of the physical structure of arteries, heart, liver, kidneys, and brain that follow abuse of this substance are known. The further fact that it alone among human agents can be depended upon to keep the heart going that has been weakened by acute disease should add to the arguments against its habitual employment in health. When thus abused in health and in youth, its benefits in disease and old age are "discounted," and the hands of the physician are practically paralyzed when he has to deal with typhoid fever, pneumonia, etc., in the habitual drunkard. Like opium and other valuable medicines used when not needed, alcohol becomes useless when it is needed. "The foolish, who thus abuse one of the most valuable of the gifts of science, must pay for their folly. That they do have to pay for it with strength, intellect, or life itself destroyed while they ought naturally to be in full vigor, is only natural—nature's method to permit the 'survival of the fittest.'"—*St. Louis Democrat.*

"When answering advertisements mention this paper."

For The Highland News.

"THE LAST MOMENTS OF JOHN BROWN."

As portrayed by the pen of John G. Whittier in his poem "Brown of Ossawatimic" in 1860, and by the brush of Thomas Howenden in his painting, "The Last Moments of John Brown" in 1884.

O wondrous skill of pen and brush, which could this scene portray,
And picture to our minds and sight the story of that day!

But still more wondrous is the love which welcomes Death's embrace,
And freely gives its life for a despised down-trodden race.

For while his arms are pinioned and a rope surrounds his neck,
No earthly power that heaven born soul and loving heart can check.

A heavenly calm rests on his brow, and "round that grisly hair,
The martyr's aureole seems to bend" and leave its radiance there.

And as they bring him forth to die, out from his prison room,
With sheriff following with the warrant for his speedy doom,

A line of guards on either side clad in their soldier blue,—
The negroes close beside them press to gain a nearer view.

And one, "a poor slave mother," more eager than the rest,
Who with her child upon her arm, more closely to him pressed,

Stands waiting there beside the steps, her heart with sorrow wild,
And, as he passes by her side, he stoops to kiss her child.

Unmindful of the scornful looks of his own race and blood,
He thinks of those for whom he sought to bring, "through evil, good,"

But Oh! what sadness marks each face as Freedom's hopes grow dim,
And one, whose eyes are upward turned "puts up her prayer" for him.

"Tis here the poet and the painter in this picture meet,
By each contributing his art, both make it most complete,

For hearts are tender, eyes are dim, while influenced by its power,
And reverent are all thoughts toward him who suffered in that hour.

—*Marietta S. Case.*

*This wonderful painting, recently exhibited in Hartford, is owned by Robbins Battell, Esq., of Norfolk Conn., and was painted to order for him, the price agreed upon being four thousand dollars; but it is said that the owner was so much pleased with the success of the artist, that he gave him an additional check of twenty-five hundred dollars for his work, thus making the entire cost of the painting to be six thousand five hundred dollars.

HIGHLAND SCENERY.

The fine illustration found on the first page of this number is from a photograph taken in "The Highlands" during the February storms. The view represents one of the water-falls near the spring house, the waters swollen by the powerful rains, are pouring over the embankment and rushing "with tumble and rumble and roar" over and among the great rocks and boulders that lie in the bed of the stream below. The bridge which has been thrown across the fall for the accommodation of the many visitors, leads directly to the famous Tonic Springs. Beyond the bridge lies a wide expanding lakelet bordered by thick foliage and deeply shading forest trees, making it with its natural surroundings, a most delightful spot. This view is one of a series that we propose to publish from time to time for the benefit of our readers.

THE HIGHLAND NEWS.

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GOOD HEALTH,

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All communications intended for either the business or editorial department of this paper should be addressed to THE HIGHLAND NEWS, South Manchester, Conn. Rates of advertising arranged by special contract.

Entered at the So. Manchester P. O. as second class matter.

A true medium of advertising is one that presents the subject matter in the best light to the greatest number of persons likely to be consumers of the article offered. In this sense we claim THE HIGHLAND NEWS to be one of the best published for those who wish to cover a wide field in a thorough manner. The present edition numbers SIXTY-FIVE THOUSAND COPIES, and while its subscription list reaches nearly every State in the Union, its greatest circulation is confined to the Eastern and Middle States. In fact it enters the homes and places of business of nearly all the principal towns and cities of New England, New York, Pennsylvania, New Jersey, and Delaware, and is doubtless read by upwards of 300,000 persons. The May number will probably reach an edition of ONE HUNDRED THOUSAND, and be welcomed by at least half a million of readers. THE HIGHLAND NEWS will, therefore, commend itself to the consideration of shrewd advertisers, who desire a true medium through which to reach the best class of buyers.

59 DUANE ST., NEW YORK CITY,
April 6, 1886.

Editor The Highland News,
South Manchester, Conn.:

DEAR SIR.—We take pleasure in stating through the medium of your valuable paper, that we have arranged with the proprietors of the "Manchester Highland Waters," to take the agency for the same in this city. Before entering into this arrangement, we gave these waters thorough trial, and from personal experience can confidently recommend them. We feel that they supply the want long felt in New York of a mineral water that is furnished to the consumer just as nature compounded it, and possessing remedial qualities equaled by none; and a perfectly pure, perfectly healthful, perfectly delicious spring water, bottled fresh as it comes from its rocky depths—in fact, a natural table water, purified in nature's laboratory, and not manufactured or distilled by the art of man from the surface wells of the island. Such we are assured are the Highland Tonica and Highland Rock Waters.

The proprietors of the above springs, as extensive paper manufacturers, have a reputation among the business circles of this city, second to none for integrity and fair dealings, and statements made by them concerning this branch of their business will be accepted unquestioned.

It is our purpose to place these waters within the homes of the metropolis, to introduce them into the hotels and clubs, feeling confident, judging from the great demand already made for them, that they will become as popular here as they are in other parts of the country, and in a measure supercede the unhealthy manufactured waters now in use.

Trusting that we have not encroached too far upon your columns, we remain,

Yours, etc.,

C. W. BARNES & Co.,
Sole agents for New York city for
Highland Tonica and Highland Rock
Water.

Every one knows the value of pure water in a hygienic sense, but how few realize the relations that exist between impure water as a beverage and the rapid increase of certain diseases within a few years past. It is an alarming fact that a large proportion of the number of persons one meets with in the daily walks of life are more or less affected with some disorder of the urinary system. That such disorders arise from the impurity of the fluids drunk is beyond question.

The human body is composed largely of water, and that its composing parts be pure is of the utmost importance. Not only so, but where fluids holding in suspension or solution foreign substances are made use of the tissues of the various organs, ducts, and canals of the body with which they come in contact are irritated, inflamed, and their functions disturbed; and no doubt the cause of the startling increase in diseases of the kidneys is attributable to the almost universal use of impure drinking fluids.

The Chemist tells us that pure water is "a mineral substance without color, taste, or odor." This is what Nature intended for man's beverage, the use of which will prevent the contraction of the above-mentioned diseases, as well as many others that may easily be traced to the same cause.

Highland Rock Water is the nearest approach to the Chemist's definition. It is wonderfully clear, sparkling, and limpid; not concocted within the laboratory of art or science, but flowing in all its purity from the fountains of the everlasting hills.

It is the climax of table waters healthful, invigorating and disease preventing. Drink Highland Rock Water, and escape disease.

114,773

pieces of silk would be a great many to patch into a single crazy quilt, but when one looks over the stock of goods sold by W. H. Cheney of South Manchester, Conn., even that would seem possible. Send one dollar for 50 pieces (each six inches square, and sent postage paid) of the Cheney Brothers' famous silks. Or try some of his rare bargains in dress-silks, plushes, velvets, etc. The house is reliable, the goods as represented, and all purchases not proving satisfactory can be returned at no expense to the buyer. See the advertisement in another column. Mention this paper with your order.

LETTERS FROM THE PEOPLE.

The following letter received from a well-known Brooklyn pharmacist, needs no comment:

MR. EDITOR:

Dear Sir.—Through the courtesy of the Messrs Case, the writer recently came into possession of a sample of the Highland Waters, Tonica and Rock. The former possessing valuable chemical substances while the latter is a delicious table water, so pure and sparkling that it is *par excellence*, the most complete water of its class. The Tonica Water which I have carefully examined and personally used possesses rare properties, and in composition most nearly resembles the celebrated springs of France and Germany, which are visited by invalids from all parts of the world. From its analysis as given by the Massachusetts Institution of Technology, it contains in remarkable proportions, iron, potassium, sodium, lime, magnesia, phosphoric acid, etc., and is also remarkably free from organic matter—an obstacle to the use of many of the popular spring waters.

I have furnished samples of the water to several persons suffering from malaria and kidney disorders, and although its use has not been sufficiently prolonged to effect a pronounced cure, the results have been marvelous in having afforded marked relief. I hope to report in the near future further testimony as to the efficacy of the Highland Waters.

Yours truly,

C. PARRISH, *Pharmacist.*

BROOKLYN, N. Y., April 6, 1886.

SPRINGFIELD, MASS., Jan. 27, 1886.

Messrs. Case Bros.:

GENTLEMEN.—I have had a great deal of trouble with my kidneys of late, having almost constant pains across my back. Mr. Stevens called my attention to your Tonica Spring Water, of which I have now used a dozen bottles. I have no pain now and feel that I shall soon be myself again. In my opinion, Tonica Water not only takes the cake, but appropriates the whole bakery, and I am strongly recommending it to my friends. You have done a good deed in bringing this water before the public, and I thank you for the benefit I have already derived. Yours truly, H. BISHOP.

BOLTON, CONN., March 10, 1886.

Messrs. Case Bros.:

I have been acquainted with the Manchester Mineral Waters, now called Highland Tonica, for more than fifteen years, and have prescribed it frequently and with satisfactory results. It is useful in all cases of debility, indigestion, scrofula, salt-rheum and other chronic diseases of the skin. It is beneficial in constipation of the bowels and hemorrhoids. I consider it the best tonic mineral water in use in the country. C. F. SUMNER, M.D.

WAPPING, CONN., April 7, 1886.

Case Bros.:

GENTLEMEN.—I desire to say that my wife has tried your Tonica Water and I believe has been cured of kidney trouble by its use. I believe it to be an excellent thing and would recommend it to all.

Yours truly,

J. BETTS, *Pastor M. E. Church.*

"When answering advertisements mention this paper."

[Original.]

A REMEMBRANCE.

I.
No footsteps on the threshold,
No hand upon the door,
No pleasant sound of laughing
As there used to be of yore.
The sun shines bright around me,
And the birds sing overhead;
Yet its brightness does but wound me,
And my singing birds are dead.

II.
Upon the distant hillside
The grass is growing green;
It is the saddest springtime
My eyes have ever seen.
Once I loved to watch the snowdrifts
As they melted day by day,
But now they only seem to me
Like lives that fade away.

III.
The old house stands in silence
Behind the waving trees;
And ever through the doorway
Resounds the sighing breeze.
The sunshine through the window
Paints ripples on the floor,
But the eyes that loved the sunshine
Look forth from them no more.

IV.
Oh, the dear familiar faces,
If they only could come back!
Could fill their vacant places,
What loving should they lack?
No toil should ever weary,
No word should give them pain,
If they would only, only come
And dwell with us again.

V.
But the wild geese seek the north-land,
And the bluebirds all return;
And the willow tassels glimmer;
And the maple branches burn;
And the frogs beside the marshes,
Sing their sweet and lonely strains,
But never, morn or evening,
Brings the lost ones back again.

VI.
Oh dear and distant country,
Which I no more shall see—
How, borne on April breezes,
Come the thoughts of them and thee;
Through my waking and my dreaming,
Thy winding river shines;
And I hear in fragrant forests
The music of thy pines.

VII.
Oh! the many, many mansions,
Far beyond the sunset skies—
So remote from mortal loving—
So far from mortal eyes—
Pass on ye days of waiting,
Few more to me remain—
And let me in those peaceful homes
Find friends and youth again.

—M. H. B.

MALARIA TREATMENT.

This is the season when the germs of malaria begin their work and a prompt and through eradication is the only remedy against their taking possession of the entire system. Tonica Water is the safe and proper means to effect this result. In cases of malaria accompanied by chronic constipation, the patient after using two or three bottles is sometimes sensible of a feeling of fullness and bloating. This is the effect of the water cleansing the system, carrying off the thick viscid impurities that clog the digestive organs and poison the blood, but, not being a strong cathartic water, its laxative principle is insufficient to move the obstructions without assistance. Now if the patient will take a portion of some gentle physic, the water will accomplish the rest and keep the natural channels open and free.

PRIZES! PRIZES!!

OUR OFFER.

We offer three prizes, amounting to \$85, for the best three original stories, of not less than four nor more than five thousand words.

The writer may select any subject he chooses, so that the tone and teaching of the story be moral and healthful, and any that are not so will be rejected.

Stories intended for competition must reach us before June first. As soon as received they will be placed in the hands of three competent and disinterested judges, and the awards will be made entirely in accordance with their decisions.

It is important that no distinguishing mark should be placed upon the manuscript, but each should be accompanied by a note signed by the real name of the writer.

The prizes will be as follows: \$50 for the first, \$25 for the second, and \$10 for the third.

**GOLD, GOLD, GOLD,
For the Children.**

OUR SCHEME. We like to please the children for when the little folks are pleased the big folks are sure to be and that makes it pleasant all around. We propose to set a whole army of boys and girls at work contesting for our prizes, and we don't mean that any of them shall go unrewarded for their labor or pastime, as it will be to most. We want boys and girls in every town, city, village, or hamlet, to get subscribers for "THE HIGHLAND NEWS." It is only twenty-five cents a year, a monthly paper full of good things. To the boy or girl sending us the largest list of subscribers previous to July 1st, we will give a year's subscription and

\$10.00 In Gold.

For the second largest list we will give a year's subscription and a prize of a

\$5.00 Gold Piece.

For the third largest list we will give a year's subscription and a prize of a

\$2.50 Gold Piece.

For the fourth largest list we will give a year's subscription and a prize of

\$1.50 In Silver.

For the fifth largest list we will give a year's subscription and a prize of

\$1.00 Silver Piece.

In addition to these prizes we will give a commission of twenty per cent. on all lists of five or more names.

Of course in every case the money must accompany the orders. Write plainly giving address of each subscriber with post-office box or street and number as may be best.

Address all communications to Case Bros., South Manchester, Conn.

"When answering advertisements mention this paper."

"QUA SENEX TABESCIT DIES."

Old age is coming sure,
And how shall we prevent him?
To make oneself secure,
Tell how to circumvent him.

Oh! he's an artist grim;
He paints in sober colors;
No gorgeous tints for him,
"Louder" than silver dollars.

Thinks gray becomes the head
Of God's maturer creatures,
And wrinkles loves to spread
On our complacent features.

I know no better way
To frustrate his intrusion
Than laugh gray hairs to scorn
And wrinkles to confusion.

For, if we laugh enough
To dislocate the traces
Of age and care, they'll come
In unaccustomed places.

H, from your mountain spring
You draw Elixir Vitæ,
I'll take a long deep draught
To make me young and mighty.

If "Tonica" should prove
Tradition's "Fons juvenatæ"
Soon you will find no bachelor,
Or maiden, over twenty.

I would not be a child,
Nor, least of all, a baby,
E'en though I then might grow
To be "somebody," may be.

I'd not return to take
Such juvenile condition
And inconvenience of
"Original dentition."

If old "Pawtuxet" brought
Less of organic matter,
I'd fill a brimming glass
And drink your health — with water.

But here's to the Highland Spring,
And nature's medication.
That's good for age, and youth,
And the ill's of all creation.

L. D. M.

PROVIDENCE, R. I.

RENAL EXCRETIONS.

It is the office of the kidneys to secrete from the blood, the urine, by means of which the worn out tissues, especially the nitrogenous and saline matters, are removed. Healthy urine is an exceedingly complex fluid, when freshly discharged it is clear, a bright amber in color, with a bitter saltish, taste, and a peculiar aromatic odor. Its normal re-action is acid, and its specific gravity ranges from 1.015 to 1.025. An adult person passes from forty to seventy ounces in twenty-four hours. It is needless to state here the variety and proportions of its component parts. The disarrangement of those parts, the presence of foreign matters or an undue color is many times indicative of approaching disease. "From the investigation of urinary sediments," says a learned authority, "we can draw sure conclusions regarding special changes that are going on in the general nutrition of the body."

An abnormal condition of the fluid excreted by the kidneys exists with many persons. The discharge is highly colored, of an offensive odor, depositing a sediment after standing, or perhaps a flouy scum arises covering the surface. These conditions point to at least a disordered state of the system and may, as before said, indicate most serious consequences unless speedily taken in hand. It is a matter of surprise to many that these

disagreeable features can be readily removed and the urine made to assume its normal state by so simple a remedy as Tonica Water yet such is the fact, after the use of a few bottles an improvement will be seen in nearly every instance, and if its use is persisted in a radical cure may be effected even in chronic cases. The reason for this is that these unfavorable indications arise from an unhealthy state of the blood. Tonica water immediately operates to purify that fluid by diluting and flushing out its impure matters. This accounts for the noticeable increase in the flow of water after using Tonica for a short time. However when the impurities are all flushed out the discharge will assume natural healthy proportions though the same quantity of the remedy be taken.

TONICA WATER.

WHAT IT IS. This remarkable remedy, which is attracting so much attention at this time, is a natural spring water. The very peculiar qualities of this water distinguish it from that of any other known spring. Its wonderful effect on the human system, in toning and cleansing the blood, its prompt and salutary action in all renal diseases and disorders of the urinary system generally, place it ahead of all other remedial agents, while the marvelous results obtained from its use in malaria mark it as a specific in that troublesome disease. The most striking characteristic of "Tonica Water" is the fact that, in its composition, it is almost identical with that of healthy human blood (except in coloring matter, fibrine and albumen); it therefore most readily assimilates with that fluid, and through it reaches the whole system. It frees the blood from all impurities, dilutes it to its normal consistency, dissolving and passing off the poisonous matters that cause disease.

WHERE IT COMES FROM. The springs that produce this unique remedy are located in the Highlands of Manchester, Conn. This region is one of the most delightfully, romantic spots in New England. Situated several hundred feet above the surrounding country, it affords all the advantages requisite for a sanatorium; fresh bracing air, beautiful views and delightful surroundings that, aside from its wonderful healing waters, would suffice to make it famous.

WHAT IT IS GOOD FOR. As has already been hinted, Tonica Water, acting so directly and favorably on the blood, it becomes essentially a remedy for all diseases that arise from an impure or disordered state of that fluid, among these may be mentioned malaria, which is a blood poison, and which it has never failed to cure when properly tried. Bright's system of diseases of the kidneys, in which it is wonderfully efficacious, diabetes, at the root of which it strikes promptly and effectively. Scrofulous affections, nasal catarrh and catarrh of the bladder. In renal calculus it has performed wonders, and is marvelously alert in all disorders of the urinary system.

How to use it. The directions for using

Tonica are so simple that it is in most instances safe to leave it to the good judgment of the patient. Yet, for the benefit of the exceptional cases, we give special directions. We always advise beginning with half a glassful, and increasing the amount as shall be required. When there is a tendency to constipation the bowels should be moved with some gentle cathartic, and then water enough taken to keep them regular. The best results are obtained by taking the water four times a day—about one-half hour before each meal and at retiring. Regularity in using is of the utmost importance. In skin diseases, and in all cases where bathing is desirable, a sponge bath two or three times a week, using the Tonica slightly warmed, is very beneficial.

The Water is put up in glass only. It is bottled directly at the springs by the most approved methods, and in such a manner as to retain all its valuable, natural gases. It is slightly charged, the better to hold in solution its valuable mineral properties. These minerals have a strong affinity for each other, and are sometimes seen in opaque clusters when a bottle that has been long undisturbed is held to the light; but, upon extracting the cork, the water is set in motion and they instantly redissolve into their original invisible atoms.

TESTIMONIALS.

Read what the patrons of HIGELAND TONICA WATER say of it. The following communications speak volumes of convincing truth. They are only samples of what we are daily receiving:

HARTFORD, CONN., Dec. 10, 1885.

Moore, Case Brothers:
DEAR SONS,—All my life I have been afflicted with Nasal Catarrh. Partly hereditary, it grew up with me from childhood in one of the Middle States, but did not develop into its odious perfection until after a residence of some fifteen years in the Connecticut Valley. It is unnecessary to describe to the dwellers in that valley the disgusting insidious of Nasal Catarrh. There is unquestionably something about the climate of the locality which breeds and aggravates the disease. All physicians admit this. I believe, however, that in my own case the disorder was of an unusually malignant type—the offensive discharges from the nostrils were almost constant. Every morning I was accustomed to go out into the back yard, where I could have plenty of room, and blow off the accumulation of the night. This done, the sensitive membranes were in a proper condition to facilitate the discharges which made my life miserable through the day. All this may be very disgusting to the reader, but it properly bears witness to the history of the disease. When I "caught cold"—which I generally did—my catarrh was infinitely worse. During cold weather, especially, I coughed day and night, and raised and expectorated the poisonous secretion.
In October last, at the suggestion of Mr. A. White Case, without hope, and with but little faith, I began drinking "Tonica Water." At the outset I stopped drinking city water altogether, and after a few days ceased off tea and coffee also. I was determined to give the spring water an unobstructed chance to do its work. Formerly I had been constantly thirsty, and drank daily a great deal of water, which was no doubt regarded as surplus fluid to meet the enormous drain upon the system. One bottle of "Tonica Water" per day soon proved amply sufficient, and my unnatural thirst was gone. This was the first change I noticed after commencing to drink the water. After about twenty-five bottles, some time in November, I discovered that my coughing and raising were not up to the old-time standard. I scarcely coughed during the day or night. The cold air did not "strike in" as formerly. I never would sleep in a warm room, on general principles, but always, during cold weather, when out of bed, I coughed invariably. Perhaps the most remarkable change which began to be noticeable was the fact that I did not suffer with the cold any more—I mean the ordinary, piercing, deathly chill which had made even moderately cold weather in the past a terror to me.
I have kept on with "Tonica" up to the present time—drinking it all about fifty bottles, and you can see again the pleasure I take in asserting you that my old arch-enemy, Catarrh, is losing his grip, and I am better than I have been before in my life. The nasal discharges are diminished more than one-half, the catarrh is much less sensitive and sore, and I begin to believe that I shall be completely cured.
Without any feelings of disrespect to manufacturers and dealers, I wish to state that I have heretofore tried several of the various "scurfoidals," "bitters," "essence," and "infective remedies" which have been recommended for the cure of Catarrh, and have received no benefit whatever from any of them. I also wish to assure my fellow-sufferers that all these treatments, and the water is worse than the disease. The disease recurred throughout the entire system, and a cure will never be effected by doctoring the principal outlet. When the blood has become purified, the whole body will be healthy—the disease will be gone. One bottle of "Tonica Water" will cure Catarrh—our will a dozen. I trust that a hundred will cure yours. Drink "Tonica" water daily, persistently—drink nothing else—and you will unquestionably be benefited, and I believe ultimately cured.
 Hoping that many others will have an opportunity to state like favorable experiences with the "Tonica Water," I am, gentlemen, very truly yours,
MANCUS A. CASE.

HARTFORD, Dec. 30, 1885.

Messrs. Case Brothers, South Manchester: DEAR SIR, - It gives me great pleasure to say a word as to the excellent results that I have received from the use of the "Highland Tonic Water." I have been subject to chills and fever for the past five years, and I am in my eighty-fourth year you can imagine that this has been a trying experience. During this period I have been treated by several physicians in the usual way, with the usual results. Early in November I saw your advertisement for malaria patients, and called at your store, and as you seem to have your case in hand for treatment, I began at once the use of Highland Tonic Water, and at once began to improve in my health, and what has surprised me most is that I have not had a chill nor sign of fever since I commenced taking "Tonics," and I feel my strength renewed so that I readily walk from my home on Wolcott Street to the center of the city and return - a distance of a mile and a half each way - with less fatigue than I could go one-third of the distance formerly. I have lived in Hartford for twenty years and am well known here, and now after such experience do you wonder that I am glad to say to all my friends and all others, drink Tonic Water if you would enjoy good health and long life. With best wishes, I am, yours sincerely, JESSE MINER.

SPRINGFIELD, MASS., Dec. 17, 1885.

Messrs. Case Brothers: GENTLEMEN, - Enclosed, I send you check for last bill of Mineral Water. You may kindly send me another case of fifty bottles same as last. Please forward at once, as we are ready to pay the bill in full. I have received great benefit from the use of your water. We have already received great benefit from the use of your water. Yours truly, W. D. STEVENS.

SPRINGFIELD, MASS., Dec. 15, 1885.

Messrs. Case Brothers: GENTLEMEN, - I have used your Highland Tonic Water six weeks for catarrh of long standing, and must say that I have received great benefit from it. I have also greatly improved my general health, I cannot recommend it too highly for a remedy to regulate the stomach and bowels. Yours most respectfully, WILLIAM H. KING.

SOUTH MANCHESTER, Dec. 18, 1885.

Messrs. Case Brothers: GENTLEMEN, - During the last five months I have used the Highland Tonic Water as a general tonic and for malaria; as a tonic, I cannot speak too highly of it, and as a remedy for the malaria can say no less. I am satisfied with the results. I have experienced no trouble from malaria since I commenced using the Water. Previous to this my last time out medicine bills were quite an item. Yours truly, ROBERT W. POST.

HADDAM, CONN., JAN. 27, 1886.

Messrs. Case Bros., South Manchester, Conn.: I have been troubled with Malaria for the past two years, and have tried many remedies, but they failed to relieve me. I was recommended by a friend to try "Highland Tonic Water." I did so, and with great result. I do not hesitate to give it the highest recommendation to all suffering from Malaria in any form. Yours respectfully, SAMUEL ARNOLD.

HARTFORD, Dec. 11, 1885.

Messrs. Case Brothers: GENTLEMEN, - During the latter part of October I was attacked with malaria and chills and fever. I had chills every other day regular, and each attack was harder than the previous one. I saw your advertisement of Tonic Water, called at the store, procured some of the water, and commenced using it. I stopped taking all other remedies. The day before I began with the Tonic I had a very hard attack, the fever lasting nearly seven hours, and was very distressing. The first day I drank about two bottles of the water, and until I had drunk two and one-half dozen bottles I drank a bottle and a quarter a day, - using four glasses a day. I felt a great improvement in my health, and I feel, but have continued from the first to improve in health. I have a much better appetite than formerly, and fully believe that Tonic has cured me of the chills and fever. I am yours very respectfully, EDWARD R. FAXON.

Mr. FAXON is a well known Hartford citizen, an member of the Board of Aldermen, and a contractor at the well-known Frait & Whitney Machine Co.'s works.

Messrs. Case Bros., South Manchester, Conn.: About November 5th I began to use Highland Tonic Water, having been an invalid much of the time for six months, from severe attacks of chills and fever, with more or less disturbance of the functions of the kidneys. The effect for two or three days resulted in aggravation, rather than otherwise, those troubles. Then I began to feel invigorated. The results soon became so marked as to be noticeable in personal appearance and movement. I have not had a chill since, nor have I reason to expect one. The effect upon the urinary system was no less happy. Now, after using from twenty-five to thirty quarts of this natural tonic in so many days, I find myself more hearty in a normal course of health for a man at fifty-six years of age than I thought possible two months ago, when I was having a severe chill every other day. My daughter says, after two weeks' use: "It has done me a great deal of good in more ways than one." Her language I can most heartily adopt and endorse. Very truly yours, C. W. MANWHAING.

HARTFORD, CONN., Dec. 10, 1885.

Messrs. Case Brothers: I have been using your "Tonic Water" for some time in my family, and am glad to testify to its beneficial effects. I regard it excellent as a tonic and appetizer, and superior to all the nostrums of the doctors for promoting digestion. I need scarcely say that this communication is unfeignedly and most sincerely, yours truly, E. FURRELL. Pastor M. B. Church, South Manchester, Ct.

M. E. PARSONAGE, Nov. 10, 1885.

Messrs. Case Brothers: I have been using your "Tonic Water" for some time in my family, and am glad to testify to its beneficial effects. I regard it excellent as a tonic and appetizer, and superior to all the nostrums of the doctors for promoting digestion. I need scarcely say that this communication is unfeignedly and most sincerely, yours truly, E. FURRELL. Pastor M. B. Church, South Manchester, Ct.

HARTFORD, JAN. 18, 1886.

Messrs. Case Brothers: I want to thank you for the good your Spring Water has done. I used to have chills, and I have only taken three bottles. It was through W. B. Bushnell, an agent for all houses, that I got hold of your water, and have come to thank him. I shall recommend it to all. Yours very truly, JESSIE A. COOK.

Case Brothers: Sirs, - I have been using the Highland Tonic Water, and find it a most excellent remedy for malaria, and cheerfully recommend its use to those afflicted with that insidious, debilitating complaint. Yours truly, JAMES CAMPBELL. North Manchester, Ct., 1st.

BROOKLYN, N. Y., Dec. 20, 1885.

Messrs. Case Brothers: DEAR SIR, - Yours of the 10th instant, inquiring concerning my early experience with the Highland Tonic Water, before me, and in reply, I can but give you a statement of the facts, which will, I think, satisfy you. Fifteen years ago I became subject to dyspepsia and biliousness; could not eat or drink without sour stomach and bloating. I began to use the Highland Tonic Water, and after a few bottles I felt a great improvement in my health, and what has surprised me most is that I have not had a chill nor sign of fever since I commenced taking "Tonics," and I feel my strength renewed so that I readily walk from my home on Wolcott Street to the center of the city and return - a distance of a mile and a half each way - with less fatigue than I could go one-third of the distance formerly. I have lived in Hartford for twenty years and am well known here, and now after such experience do you wonder that I am glad to say to all my friends and all others, drink Tonic Water if you would enjoy good health and long life. With best wishes, I am, yours sincerely, JESSE MINER.

S. STONE

Mr. Stone is the inventor of the well known "Never-fail" horse shoe, which is manufactured so extensively in Boston, and was for many years a resident of Manchester, Conn.

December 24, 1885.

Messrs. Case Brothers: GENTLEMEN, - For more than ten years my wife has been a sufferer from a chronic liver and kidney difficulty. The treatment she received from physicians brought no permanent relief. For the last three or four months she has been using Highland Tonic Water. She had but little faith in the water when she commenced using it, but now she thinks there is no remedy like it for her trouble. It is so simple, harmless, and effective, we take pleasure in recommending it to all others similarly affected. Yours, etc., C. A. PORTER.

SOUTH MANCHESTER, Dec. 16, 1885.

Messrs. Case Brothers: GENTLEMEN, - Being an early believer in Highland Tonic Water, it gives me much pleasure to testify to what it has done for myself and family. Since I commenced using the water my general health has much improved, my kidneys feel better, and my rheumatism has entirely disappeared, and malaria conquered. At times, for many years, my wife has had severe attacks of rheumatism. Her improved condition is very gratifying, and I know of nothing else that could cause the change, as my diet and habits have been the same. Yours respectfully, J. E. LATHAM.

C. A. PORTER

Mr. H. Dwight Lamphar, a prominent merchant of Chapin, Conn., writes as follows:

CHAPIN, 26th August, 1885.

This is to certify that about the 1st of May, 1885, I was taken sick and called a doctor who, on examining my case, pronounced it Bright's Disease of the Kidneys. He gave me a prescription, but I grew no better from the medicine. About that time I was advised to try the Highland Tonic Water by Mr. Case. I was in bad shape at the time, and was willing to try anything that would benefit me. I can cheerfully say that I received relief in my case, and in a short time after using it I could feel its workings, and I am at present, I think, free from the disease, and I had my urine examined ten days ago, and they were quite different from what it was. I owe my life to the kindness of Mr. Case, and the use of Highland Tonic Water. Very respectfully, H. DWIGHT LAMPHAR.

The following from the superintendent of one of the mills of Manchester, explains itself:

SOUTH MANCHESTER, CONN., Sept. 28, 1885.

Case Brothers: GENTLEMEN, - I desire to testify to the great benefit that the members of my family have received from the use of the Highland Tonic Water. For the past six years my wife and six children (and myself occasionally) have been subject to malaria. I have called upon several of the best doctors who prescribed for us, and we took their medicine until the children's stomachs became so weak that they were unable to digest any but the very plainest food, such as milk and eggs, and the best of care young and old. We had used many other remedies, but received no permanent relief. Early last spring we gave up all other medicine, and commenced to use the "Highland Tonic Water." Since we have had no more malaria, and I feel that I have a much better appetite than formerly, and fully believe that Tonic has cured me of the chills and fever. I am yours very respectfully, EDWARD R. FAXON.

C. A. NEWELL

EAST HARTFORD, CONN., Sept., 1885.

Messrs. Case Brothers, South Manchester, Conn.: GENTLEMEN, - I have been troubled with inflammation and catarrh of the bladder for nearly fifteen years. During that time I have naturally tried many of the so-called remedies, but received no lasting benefit from any of them, until about three months ago, when I commenced using your Highland Tonic Water. I am now free from pain, my urine is clear and healthy in color, and I feel that I have a much better appetite than formerly, and fully believe that Tonic has cured me of the chills and fever. I am yours very respectfully, EDWARD R. FAXON.

Mr. Olmsted is collector of the town of East Hartford, and one of the best known and most respected citizens.

SOUTH MANCHESTER, CONN., Oct. 1, 1885.

Messrs. Case Brothers: GENTLEMEN, - I wish to bear witness to the great benefit derived from Highland Tonic Water, both for myself and family. For many years previous to this my little boy had been troubled with chills and fever, and malaria, so-called, but having used the spring water of this season, he has been entirely free from it. The other season, he has been entirely free from it. I have used your Highland Tonic Water, and I feel that I have a much better appetite than formerly, and fully believe that Tonic has cured me of the chills and fever. I am yours very respectfully, EDWARD R. FAXON.

E. C. STANLEY

SOUTH MANCHESTER, CONN., Oct. 2, 1885.

Case Brothers, Proprietors Highland Waters: DEAR SIR, - Seven years ago last April I had the misfortune to be caught by a revolving shaft, and terribly bruised and lacerated. I was taken to the hospital, and several surgeons and physicians, I found myself healed as far as broken and dislocated bones were concerned, but with my condition generally shattered; I was, indeed, a wreck of the man I was before the accident. About this time I removed to South Manchester, and heard of the Highland Tonic Water; I commenced using it, and began at once to gain strength and appetite. I kept on with the water, and by December of the same year, I had regained my former health so far as to be able to go to my work, and I had been entirely free from all the troubles that I had before the accident. I know of nothing else that could cause the change, as my diet and habits have been the same. Yours respectfully, J. E. LATHAM.

JAMES L. BARRETT

PHOENIXVILLE, CONN., Feb. 15, 1886.

Case Bros., South Manchester, Conn.: DEAR SIR, - Since I came from your mill at Chapin, I have been taking about one glass of your Tonic Water per day, and have not had a particle of headache since I began to use it; but before I used it I used to have an attack of sick headache about twice a week regularly. I know of nothing else that could cause the change, as my diet and habits have been the same. Yours respectfully, J. E. LATHAM.

MANCHESTER, CONN., Sept., 1885.

To Case Brothers: GENTLEMEN, - The circumstances attending my wife's sickness are these: Some six years ago, she was suddenly troubled with pain in her back, particularly in the region of the kidneys. I was then living in Massachusetts, and applied to the local physicians for treatment. This she received, but great distress; in fact, after a time, she pronounced her case incurable. Four years ago I moved to Manchester; here she received further treatment, but the relief was temporary, and soon the old pains returned, such as rheumatism, neuralgic headaches. In April last she was induced to try Highland Tonic Water. In one week she felt the effects of the water in building up the system, the pains gradually left her back, and her kidneys acted in a natural and easy manner. The nervous headaches are less frequent, and to use her own words: "I feel very greatly helped and benefited." Truly and sincerely yours, UNION J. ATWOOD.

NEW BRITAIN, CONN., Feb. 3, 1886.

Messrs. Case Bros., South Manchester, Conn.: GENTLEMEN, - We have ordered for our mill (7500 quart cases Tonic Water in one month, and from reports, and duplicate orders, think our sales the coming season must be quite large. Customers speak very highly of the water, and we have had a personal experience in its use, and can thoroughly recommend every bottle. E. W. THOMPSON & CO. DRUGGISTS, New Britain, Conn.

GILFORD, CONN., Dec. 10, 1885.

Messrs. Case Brothers: GENTLEMEN, - About the first of September last my wife was taken down with what seemed to be a complication of troubles, such as rheumatism, neuralgic headaches, and very serious disturbance of the kidneys and liver. After thorough medical treatment for many weeks, with some improvement, being sent to Highland Tonic Water she tried it, and the very first draft seemed to suit and agree with her. Then sent for eight more; then a dozen more, and then a fifty-bottle case - this she has now used, and she is now as well as ever. I feel constrained to say that I believe the great improvement in her condition is due mainly to the use of your mineral water. Truly yours, JOSIAH C. GILBERT.

SOUTH MANCHESTER, Dec. 11, 1885.

Messrs. Case Brothers: GENTLEMEN, - I have been a sufferer from catarrh for several years, and for a long time with a kidney difficulty. In the treatment I have found nothing so efficient as the Tonic Water. It seems to be just what I needed. I hope you will have good success in making it generally known. Yours, HENRY RACKES.

SOUTH MANCHESTER, Dec. 10, 1885.

Messrs. Case Brothers: GENTLEMEN, - I can cheerfully recommend the Highland Tonic Water not only from observation, but from experience. Last summer I had an attack of malaria. I had a good doctor, and took his medicine. I would have well thought of it, had I not seen your advertisement. I have had no sign of malaria since I began to use the water. I have also cured me of kidney trouble, with which I have been troubled for some time. My wife has had better health since she has commenced using it. I think it is a good thing for suffering humanity. If any one will take the trouble to come and see me, I can tell what it has done for me and mine better than writing it. Yours, A. M. HOOKER.

BOSTON, MASS., Feb. 17, 1886.

Case Bros.: I wish to say that for two years I have suffered from indigestion and malaria, and that, when I am not entirely cured, I am so greatly benefited that I feel myself on the high road to perfect health. I owe this change entirely to the use of your Highland Tonic Water. Yours truly, W. A. MARSH. Mr. Marsh is the well known and popular contractor on the N. Y. & N. E. R. R.

CHAPLIN, CONN., Dec. 10, 1885.

Messrs. Case Brothers: GENTLEMEN, - I want to say that I am very much pleased with the Tonic Water sent me some two months ago. My wife was in very poor health at the time and under the doctor's care. She improved very rapidly while using the water, and I know that her improvement consisted in a saving by the use of the Highland Tonic Water. I used a few bottles of it to see if it would affect my old catarrh difficulty; the effect was so marked I want you to send me a few more of the Water at once. Yours truly, C. H. CHEEVER.

WILLIAMANTIC, CONN., Dec. 2, 1885.

Messrs. Case Brothers: GENTLEMEN, - Not long ago my attention was called to your Highland Tonic Water for malaria, from which I have been a great sufferer. After a thorough trial, I feel myself a new man. I do not say I am cured, but I feel a great relief from all the drugs taken the three years I consider it a great tonic, for toning up the system as well as a remedy for malaria. I would most cheerfully recommend it to all similarly afflicted. Yours truly, C. F. BARBER.

PUTNAM, CONN., Dec. 21, 1885.

Messrs. Case Brothers: GENTLEMEN, - I have tried your Tonic Water for the malaria, and know that it has done me a great deal of good. I cheerfully recommend it to any sick with the trouble. Yours truly, J. O. BACON.

WINDSOR LOCKS, CT., 12-25, 1885.

Case Brothers, South Manchester, Ct.: GENTLEMEN, - For a long time I have been subject to dyspepsia, so much so that eating the smallest amount of food caused great distress. A friend advised me the use of Highland Tonic Water, and presented me with a few bottles, which to my amazement worked like a charm. I then bought a case and have drunk it occasionally ever since, and have not since used it. I feel a great relief from all the troubles that I had before the accident. I know of nothing else that could cause the change, as my diet and habits have been the same. Yours respectfully, J. E. LATHAM.

F. H. WHITTELEY

SOUTH MANCHESTER, Dec. 22, 1885.

Messrs. Case Brothers: GENTLEMEN, - This is to certify that I have been suffering more or less for the last two years with pain in the stomach, severe headaches, coated tongue, and loss of appetite, no doubt arising from indigestion, which has caused me at times much suffering and expense. I have tried, I do not forget, every known remedy of medical science, under the advice of many eminent physicians, and have not received any permanent relief. I wish to seek the climate of California if I desired a radical cure. After some advice on the part of friends and a little hesitation of my own, I made up my mind to try some of your Highland Tonic Water. I have used up to this time two cases, and have been relieved of the above-described symptoms, and have also increased seven pounds in weight. Please send me another case, and oblige. Yours truly, JOHN M. CARNEY.

HARTFORD, CONN., Dec. 26, 1885.

Messrs. Case Brothers, SOUTH MANCHESTER, CONN.: DEAR SIR, - About six weeks since I commenced taking Tonic Water. At the time I had pain across the back, and had had a severe headache for three weeks before, stomach so inclined to acidity and flatulence that food was scarcely tolerated, urine thick and high colored. Under these conditions, I could for the first week take only a very small quantity of Tonic at a time, but soon, to my surprise, I found the headache relieved, the stomach settled, the pain in my back removed, and my urine clear and healthy in color. I have continued to use the water with no less favorable results. Yours truly, A. F. WILLIAMS.

HARTFORD, CONN., Dec. 23, 1885.

Messrs. Case Brothers: GENTLEMEN, - Please send me the case of Tonic Water I spoke of in my morning. This is the fourth case I have purchased of you, and I can but express the satisfaction it has given me. I was attacked with a disorder of the kidneys which had a strong tendency towards diabetes about the middle of November last. An examination of urine disclosed the presence of sugar in quantities. About this time I commenced using the Tonic, and after the first case, much to the surprise of all, another examination showed the urine to be clear and free from sugar. I have continued the use of the water, and feel that besides relieving my kidneys and causing my blood, that it has toned up my general health, so that I am better than for years. I remain, yours truly, EDWIN SMITH.

MANCHESTER HIGHLANDS, Dec. 16, 1885.

Messrs. Case Brothers: GENTLEMEN, - I desire to add my testimony to the many who know and appreciate the value of Highland Tonic Water as a remedial agent. My oldest daughter was severely troubled with malaria, and every other day barely able to sit up. She first had an attack of chills and fever. We called in a physician, and as he did not give her permanent relief, we tried prepared medicines that were highly recommended, but those would only break up the chills and have her with the malaria in the worst way. I saw your advertisement, and I bought a case. Finally we decided to stop the medicine altogether and try the Tonic Water. She did not have a recurrence of the material fevers while taking it. Some weeks after she went away from home and was without her medicine for quite a while and the bad feelings returned, but so soon as she began drinking the water again they left her entirely, and have not since returned. I have used three cases of water in my family with the marked beneficial results as a tonic, and have great faith in it as an invigorator of the system; I have also seen it tested with marked effect in cases of indigestion and dyspepsia. Believing that it only needs to be tried to be appreciated. I am, very truly yours, R. N. STANLEY.

PRICE LIST.

THE HIGHLAND TONIC WATER Is put up in bottles only, and sold at the following prices:

Table with 2 columns: Quantity and Price. 12 quarts in a Case, \$2.30; 24 " " " " 4.30; 30 " " " " 8.00; 24 pints " " " 3.00; 50 " " " " 5.50.

It is slightly charged at bottling with pure carbonic acid gas, and will retain its remedial qualities for any length of time.

THE HIGHLAND ROCK WATER Is furnished in bottles slightly charged, as follows:

Table with 2 columns: Quantity and Price. 12 quarts in a Case, \$1.75; 24 " " " " 3.00; 50 " " " " 5.50; 24 pints " " " 2.25; 50 " " " " 4.00.

Delivered "on board" at above prices.

INVESTIGATE!! HIGHLAND TONICA WATER ROCK WATER.

WILL CURE

BRIGHT'S DISEASE OF THE KIDNEYS,
DIABETES, CATARRH OF THE BLADDER,
CONSTIPATION, INDIGESTION,
SCROFULOUS AFFECTIONS, ALL FORMS OF
MALARIA, AND FEMALE WEAKNESSES.

AS A BLOOD TONIC AND PURIFIER IT IS UNEQUALED.

Read the following Analysis:

MASSACHUSETTS INSTITUTE OF TECHNOLOGY,
BOSTON, August 1, 1885.

CASE BROTHERS, Gentlemen:—

The sample of MINERAL WATER received from you for Analysis, contains to the U. S. Gallon:

Sulphate of Potassium.....	0.355 grains.	Phosphoric Acid.....	0.051 grains.
Carbonate of Potassium.....	0.180 "	Silica.....	0.018 "
Chloride of Sodium.....	0.215 "	Alumina.....	0.080 "
Carbonate of Sodium.....	0.845 "	Oxide of Manganese.....	trace.
Carbonate of Lime.....	0.512 "	Sulphuretted Hydrogen.....	trace.
Carbonate of Magnesia.....	0.324 "	Organic and Volatile Matter.....	0.510 "
Bi-carbonate of Iron.....	0.070 "	Total.....	4.081 "

The water contains Carbonic Acid Gas in solution, and is alkaline.

Yours very truly, LEWIS M. NORTON.

The Climax of Table Waters.

FLOWING FROM A NATURAL SPRING,
HEALTHFUL, INVIGORATING,
REFRESHING, PLEASANT TO THE TASTE,
UNEQUALED IN QUALITY,
AND UNPARALLELED IN PURITY.

IT TONES THE SYSTEM AND PREVENTS DISEASE.

Read the following Analysis:

MASSACHUSETTS INSTITUTE OF TECHNOLOGY,
BOSTON, September 12, 1885.

CASE BROTHERS, Gentlemen:—

I have examined the SPRING WATER you sent me, and beg to submit the results: The results are expressed in grains to the U. S. gallon.

Silica.....	0.496 grains.	Chloride of Sodium.....	0.215 grains.
Alumina.....	0.053 "	Carbonate of Soda.....	0.180 "
Carbonate of Lime.....	0.170 "	Carbonate of Magnesia.....	0.180 "
Sulphate of Potash.....	0.075 "	Volatile Matter of Water.....	0.780 "
Carbonate of Potash.....	0.075 "	Total solids left upon evaporation, 2.596 "	

The water is very pure and admirably adapted to drinking purposes. It is usually free from Ammonia and nitrogenous substances, furnishing upon analysis:

Free Ammonia,..... 0.00010 gr. per gallon. | Albuminoid Ammonia, 0.00080 gr. per gallon.

Yours very truly, LEWIS M. NORTON.

GENERAL DEPOT:

AT THE SPRINGS,

WHERE FURTHER INFORMATION MAY BE HAD.

CASE BROTHERS,

SOLE PROPRIETORS,

SOUTH MANCHESTER, CONN.

Springs located at—

THE HIGHLANDS,

GENERAL WHOLESALE AND RETAIL AGENCIES:

C. W. BARNES & CO.,
69 Duane St., after May 1st 21 Park Row,
P. O. Box 3345, New York.

CHARLES B. SMITH,
841 Broad Street, Newark, N. J.

TAYLOR & SMITH,
No. West cor. State and Warren Sts.,
Trenton, N. J.

APOTHECARIES HALL CO.,
Waterbury, Conn.

W. A. & F. E. METCALF,
Cruick's Block, Rockville, Conn.

JULIUS PINNEY,
Willimantic, Conn.

GEORGE E. DRESSER,
Putnam, Conn.

W. W. MUSHER,
No. 13 Colony St., Meriden, Conn.

A. E. FIXLEY,
Wallingford, Conn.

E. W. THOMPSON & CO.,
181 Main St., New Britain, Conn.

MEGARGEE BROS.,
29 So. 6th St. and 11 Decatur St.
AND
HOLBROOK & KATZ,
Philadelphia, Pa., 214 Walnut St.,
General agents for Pennsylvania, Dela-
ware, and Southern New Jersey.

CHAS. S. LEEYE & CO.,
Nos. 297 to 303 State Street,
New Haven, Conn.

GEO. B. FLAISTED,
Cor. Main and Wall Sts., Norwalk.
Washington St., So. Norwalk.

WILBUR E. LEWIS, Stamford, Conn.

CURTIS & HAIR, Bridgeport, Conn.

W. D. HEALD,
Stafford Springs, Conn.

THOMAS R. RHODES,
26 High Street, Bristol, Conn.

NOEL M. PEASE,
Thompsonville, Conn.

W. H. HAWLEY,
White & Iron Sts., Danbury, Conn.

CLAPFLIN & BROWN,
Devonshire, and Franklin Sts.,
Boston, Mass.

GEO. L. CLAPFLIN & CO.,
62, 64, and 66 South Main St.,
Providence, R. I.

CASWELL, HAZARD & Co.,
212 Thames St., Newport, R. I.

GEORGE A. HILL,
330 Main Street, Springfield, Mass.

WARREN SMITH,
White's Block, Exchange Street,
Chicopee, Mass.

S. W. KNOX,
Knax's Block, Front Street,
Chicopee Falls, Mass.

GEO. H. WALKER & CO.,
90 Main Street, Northampton, Mass.

H. WOODWARD,
124 Main Street, Middletown, Conn.

C. E. BALL & CO.,
1 & J Main St., and 221 High St.,
Holyoke, Mass.

C. PARRISH,
72 Henry St., Brooklyn, N. Y.

LEE & OSGOOD,
Nos. 146 and 145 Main Street,
Norwich, Conn.

NICHOLS & HARRIS,
53 State St. and 10 Main St.,
New London, Conn.

J. W. COLTON & CO.,
Westfield, Mass.

GEO. L. KEENEY, Hudson, Mass.

GEORGE E. FAIRBANKS,
10 Front Street,
Worcester, Mass.

WILLARD L. WOOD,
189 Main Street,
Pawtucket, R. I.

F. A. JACKSON,
112 Main Street, Woonsocket, R. I.

C. H. & H. A. LAWTON,
New Bedford, Mass.

H. F. BUELL, Colchester, Conn.