

# THE HIGHLAND NEWS.



A MONTHLY PAPER DEVOTED TO THE INTERESTS OF GOOD HEALTH.

"PUBLIC HEALTH IS PUBLIC WEALTH."

Vol. III. — No. 1.

HIGHLAND PARK, CONN., APRIL, 1890.

25 Cents a Year.

## HIGHLAND PARK TO BE DEVELOPED.

### Read the Conditions.

WE, the undersigned, hereby subscribe the sums written against our signatures, for the purposes and under the conditions expressed in the following limitations:

1. The purpose for which said subscriptions are made is to form, organize, and operate a corporation to be known as "The Tonica Springs Company," to be located in the town of Manchester, in Hartford County and State of Connecticut.

2. Said subscriptions shall be due and payable to said corporation immediately on its organization, and shall constitute the capital stock thereof.

3. The capital stock of said corporation shall be not less than two hundred and fifty thousand dollars, divided into not less than two thousand five hundred shares of one hundred dollars each.

4. No subscription shall be paid or collected until the total amount of genuine and reliable subscriptions shall be two hundred and fifty thousand dollars.

5. The said "The Tonica Springs Company" shall be created for the purpose of acquiring possession and control of the so-called "Tonica" and "Rock" Springs in said Manchester, now owned by Case Brothers of said town; of bottling, selling, and dealing in mineral and spring waters; of erecting and maintaining in the vicinity of said springs hotels, cottages, and other buildings, for the entertainment and accommodation of visitors; of building, equipping, and operating, or causing to be equipped and operated, a railroad of about two miles in length to connect the vicinity of said springs, and the hotels and cottages aforesaid, with some existing railroad system, by a route which shall seem most convenient and available; and to do all things necessary or incidental to the carrying on of said traffic in mineral waters, the managing of said hotels, the operating of said railroads, and the making of said locality a place of popular resort.

6. As soon as possible after said amount of two hundred and fifty thousand dollars shall be obtained by subscription, the subscribers shall hold a preliminary meeting, for the purpose of taking steps to organize said corporation. Said meeting shall be held in said town, in pursuance to a call signed by any three subscribers, notice of which call shall be mailed to each subscriber at least five days before said meeting is held. Said meeting may elect its own officers, and each subscriber shall be entitled to one vote for each one hundred dollars subscribed by him. A sufficient number of subscribers to cast twelve hundred and fifty votes shall constitute a quorum for the transaction of business. The subscribers shall elect at said meeting from their number not less than seven nor more than nine persons, who shall constitute a committee of organization, and who, after said company is organized, shall be the directors of said company for one year from the date of such organization and until their successors are appointed.

7. Said committee of organization shall, under the direction of said subscribers expressed at said meeting, take immediate measures for the incorporation of said company, either under the Joint Stock Laws of the State, or by special charter from the General Assembly, and thereafter shall proceed to manage said company after the general manner of directors of corporations under the restraint of the charter or articles of incorporation and the conditions of subscription.

8. And said subscriptions are upon the further condition that immediately upon the formation of said company, the said Case Brothers, owners in fee simple of said Tonica and Rock Springs and the adjoining land, shall upon demand of said company transfer to said Company, by deed, said Tonica and Rock Springs, and sufficient land adjoining to enable said Company to control and operate said Springs, and to erect said hotels and cottages, for a consideration to be mutually agreed on, if possible, by said Case Brothers and said Company. And if said Company and said Case Brothers shall not be able to agree on the price, it shall be determined by arbitration as follows: the Case Brothers shall select

two disinterested persons, the said Company shall select two, and said four persons so selected shall choose a fifth, who together shall constitute a board of view and fairly appraise the premises in question and report to said parties what, in their judgment, said land and springs are reasonably worth, and the valuation so found shall be the consideration for which said Case Brothers shall transfer said land and springs to said company as aforesaid.

### WHAT MORE IS NEEDED?

Believing that the time has arrived for the perfection of plans originated at the inception of the enterprise, the proprietors of the Highland Springs herewith present a communication of interest to such of our townspeople as are progressive in spirit, together with others who have been desirous of seeing the Manchester Highlands a place of popular resort. Ever since the waters were placed on the market, and thus given more than a local reputation, there has been an urgent demand for hotel accommodations from people who wished to derive the benefits of Tonica and at the same time enjoy the pleasures of a quiet sojourn in the Highlands.

But these were not to be found. Private houses alone offered a resting place, and many applications were necessarily refused. The gentlemen to whose energy is due the development of the Springs and adjoining property, have ever entertained the project of hotels, cottages, and such other conveniences as should be required to make a Connecticut Carlsbad. That the waters possess virtues second to none in the world has been fully demonstrated during the past five years.

Thoroughly impressed with this fact at the outset, but naturally conservative, the proprietors have been content with gradual development,—merit alone being the base upon which an extensive business has been established.

Other important business interests have claimed their consideration, preventing in a measure the fulfillment of their plans. The demand for hotel accommodations has now reached such proportions that it can no longer be postponed or ignored. Unable to give it proper attention without a partial neglect of other matters, the Messrs. Case have decided to place the

Springs under corporate management, and to that end invite the co-operation of investors.

The advantages offered are that besides being near home it is safe, permanent, and ensures good returns.

Nowhere in New England, if indeed in this country, has nature prepared a better location for a summer resort. About ten miles east of Hartford, midway between Boston and New York, at an elevation of seven hundred feet above the sea level, lies a table land peculiarly fitted for transformation into spacious and attractive grounds, which may be quickly reached by an easy carriage road, winding upward from the springs. The view from the summit is more extensive than many from higher elevations, while for beauty it is unequaled.

Yonder lies the Connecticut, which, after leaving the gateway of the valley at Mts. Tom and Holyoke, flows quietly along through stretches of rich meadow lands, which are occasionally broken in upon by some bustling town or city. The eye follows its course from Springfield to the Sound, an ever-changing panorama, the whole having the appearance of an immense basin. Here and there church spires and smoke towers show the location of attractive mill villages,—the pulses of New England. These may be more closely inspected by means of pleasant drives over shady country roads, those near by being in excellent condition,—a fact for which Manchester is noted. But not alone to those on pleasure bent, or who seek delight only through the visual organs, is this region attractive.

The geologist finds food for his hammer and his mind in numerous ledges; while, if interested in mineralogy, the old copper mines in the glen will richly repay the time spent among them. No section of Connecticut is so rich in "finds" as the locality bordering upon the Highlands, lying between them and the Bolton hills.

The botanist finds among easily explored ravines a great variety of ferns and mosses, while the hillsides are decked with rare wild flowers. The woods contain nearly every variety of tree and shrub to be found in our northern hemisphere.

To the sportsman little need be said. A large territory may easily be controlled, which already abounds in small game. The lakes and brooks among the hills

have been stocked with trout, and protected until the waters are teeming with great handsome fellows, offering rare sport to the true disciple of old Izaak. The fields in the immediate vicinity of the springs have been laid out and beautified, making attractive pleasure grounds which are well patronized during the summer season.

Of the springs themselves the best commendation is that from the many who have drunk of their waters, and to them owe renewed health and pleasure in life. When to this is added the favorable opinion of high medical authority, what more can be asked?

The time has passed when it was considered a mark of intelligence in the profession to frown upon everything unused — even if unknown — in the days of Galen and Æsculapius.

Tonica has made name and fame for itself. Its merits are well-known within a limited area. When others outside the circle know what has been learned within, its capacity will be tested to the utmost to supply the demand for it.

Highland Rock water has been compared to that of the Poland springs, but is shown by analysis to contain less solids, and is, therefore, of greater purity.

Prof. Norton, of the Massachusetts Institute of Technology, says it is the purest water ever analyzed by him. As a table water it is unequalled, while as a preventive of disease it has never been approached.

Both these waters have been carefully tested and proved invaluable for the purposes assigned them. A limited amount of advertising has been done in a reputable manner, and will be carried on with the same system.

The prospectus, which appears in another column, offers an opportunity for investment, differing from the many wild-cat schemes with which all are familiar. No money is to be paid in until the full amount is subscribed, a guarantee against partial development and possible loss. It is not an experiment; its future is assured. The closest investigation will show further development to be simply the demand of a healthy growth.

To business men wishing for a near-by place of resort convenient to large commercial centers it is especially desirable.

The par value of the shares has been placed at one hundred dollars, the advantages to be derived from a large number of stockholders outweighing any temporary benefit accruing from large subscriptions.

Distribution of the stock in blocks of ten or more shares not only creates a wide-spread interest, but ensures success.

Correspondence is invited from those personally unknown to the proprietors, to whom information will be cheerfully given.

NON-SUBSCRIBERS receiving a copy of the HIGHLAND NEWS are requested to give it careful consideration. Those wishing to receive it regularly should remit twenty-five cents for a year's subscription. The price is merely nominal, and the paper will be made worth many times its cost.

## What Tonica Does in Kidney Diseases.

### Of Marked Value.

HARTFORD, CONN., February 12, 1889.  
MESSRS. CASE BROS.:

GENTLEMEN:—During the past year I have made use of the Tonica Water as a remedial agent in a number of marked and severe cases of illness. From its long-continued use and constant observation of its action and effect, I am able to report that, in my opinion, it has been of advantage to those who have made use of it as they have been advised. Its value has been noted in cases of enfeebled digestion and over-sensitiveness of the stomach and other organs of the digestive system. This water is of value in affording relief to many who may have irritability of the renal organs. It is my belief, which is founded upon actual trial and patient observation, that it is of marked value in so profound disorders as Bright's Disease and Diabetes. Very respectfully yours,  
GEO. W. AVERY, M.D.

### Bright's Disease.

Mr. H. Dwight Lamphear, a prominent merchant of Chaplin, Conn., writes as follows:  
CHAPLIN, August 26, 1885.

This is to certify that about the first of May, 1885, I was taken sick and called a doctor, who, on examining my case, pronounced it Bright's Disease of the Kidneys. He gave me a prescription, but I grew no better from the medicine. About that time I was advised to try the Highland Tonica Water by Mr. Case. I was in bad shape at the time, and was willing to try anything that would benefit me. I can cheerfully say that it worked wonders in my case, and in a short time after using it I could feel its workings, and I am at present, I think, free from the disease, as I had my urine examined about ten days ago, and they were unable to find any albumen in it, and I owe my life to the kindness of Mr. Case, and the use of Highland Tonica Water.  
H. DWIGHT LAMPHEAR.

### Kidney Trouble Relieved.

BOSTON, MASS., May 25, 1886.  
MESSRS. CASE BROS., South Manchester, Conn.:  
GENTLEMEN,—I have been afflicted with lameness in the region of the kidneys for ten years, caused, I suppose, by a strain in over-lifting; at times the pains would extend down my left side and limb to the instep. Your agent, Mr. Nutting, called my attention to the Tonica Water, and advised me to try it. I commenced about four weeks ago, and have used it steadily since. I am very much pleased with the result. I am almost wholly free from my lameness, greatly to my surprise, as it is this season of the year that I am always troubled the most. I shall always recommend Highland Tonica to my friends and patrons, as I believe it to be a wonderful water.  
FREDERICK J. CHASE.

### Bright's Disease Cured.

SOUTH MANCHESTER, December 2, 1889.  
MR. CASE:

MY DEAR SIR,—Eighteen months since I was forced to leave my business by reason of an inflamed state of the kidneys; and the trouble had been neglected so long, it had assumed a very aggravated form before I sought medical assistance. Only one physician gave me much encouragement; and, advised by him, I made use, among other remedies, of your "Tonica Water," commencing its use shortly after I employed him, and under his instruction I still continue to use it, having, I think, used over eight hundred bottles. For several months there was little if any improvement; but after using it six or seven months, a favorable change occurred and the case was marked by steady improvement. In June, I seemed from minute to minute to improve. By reason of unwarranted exposure, a relapse occurred during last July, which very materially retarded my recovery. When convalescence commenced I had for some months preceding walked not over six or seven rods from the door, and that but twice; and there was hardly enough of myself left to cast a shadow. Now, without difficulty, I have walked three or four miles in a day, and my weight is greater than it averages. I have given you this brief statement, and we believe that your Water has done much in bringing about a pleasant state of affairs in my case.  
DWIGHT BIDWELL.

P. S. Should you wish to refer any one to me, I should be happy to see them.

### Kidney Trouble.

SPRINGFIELD, MASS., Jan. 27, 1886.  
MESSRS. CASE BROS.:

GENTLEMEN,—I have had a great deal of trouble with my kidneys of late, having almost constant pain across my back. Mr. Stevens called my attention to your Tonica Spring Water, of which I have now used a dozen

bottles. I have no pain now, and feel that I shall soon be myself again. In my opinion, Tonica Water not only takes the cake, but appropriates the whole bakery, and I am strongly recommending it to my friends. You have done a good deed in bringing this before the public, and I thank you for the benefit I have already derived.  
Yours truly,  
H. BISHOP.

WEST GARDNER, MASS., May 10, 1888.

GENTLEMEN,—Speaking of Tonica Water, I must say I have derived great benefit from its use in disease of the kidneys and in cystitis. Cases of long standing, not yielding to the usual measures, are relieved and cured thereby. I think it the best remedy for diseases of the uric acid diathesis yet suggested, and am sure physicians will not be disappointed in its use.  
Fraternally yours,  
DR. A. W. MASON.

### Better than for Years.

HARTFORD, CONN., Dec. 23, 1885.  
MESSRS. CASE BROS.:

GENTLEMEN,—Please send me the case of Tonica Water I spoke of this morning. This is the fourth case I have purchased of you, and I can but express the satisfaction it has given me. I was attacked with a disorder of the kidneys which had a strong tendency towards diabetes about the middle of November last. An examination of urine disclosed the presence of sugar in quantities. About this time I commenced using the Tonica, and after the first case, much to the surprise of all, another examination shows the urine to be clear and free from sugar. I have continued the use of the water, and feel that besides relieving my kidneys and cleansing my blood, that it has toned up my general health, so that I am better than for years.  
EDWIN SMITH.

### Kidney Disorder and Malaria.

MESSRS. CASE BROS., South Manchester, Conn.:  
About November 5th I began to use Highland Tonica Water, having been an invalid much of the time for six months, from severe attacks of chills and fever, with more or less disturbance of the functions of the kidneys. The effect for two or three days seemed to aggravate, rather than otherwise, these troubles. Then I began to feel invigorated. The results soon became so marked as to be noticeable in personal appearance and movement. I have not had a chill since, nor have I reason to expect one. The effect upon the urinary system was no less happy. Now, after using from twenty-five to thirty quarts of this natural tonic in as many days, I find myself more nearly in a normal condition of health for a man of fifty-six years of age than I thought possible two months ago, when I was having a severe chill every other day. My daughter says, after two weeks' use: "It has done me a great deal of good in more ways than one." Her language I can most heartily adopt and endorse.  
C. W. MANWARING.  
HARTFORD, CONN., Dec. 10, 1885.

### Liver and Kidney Difficulty.

December 24, 1885.  
MESSRS. CASE BROS.:

GENTS,—For more than ten years my wife has been a sufferer from a chronic liver and kidney difficulty. The treatment she received from physicians brought no permanent relief. For the last three or four months she has been using Highland Tonica Water. She had but little faith in the water when she commenced using it, but now she thinks there is no remedy like it for her troubles. It is so simple, harmless, and effective, we take pleasure in recommending it to all others similarly affected.  
Yours etc.,  
C. A. PORTER.

### Kidney Disorder Relieved.

NORTH MANCHESTER, CONN., July 1, 1886.  
MESSRS. CASE BROS.:

For a series of years I have been a sufferer from some form of kidney disorder and malaria. I have experienced greater relief from the use of the Tonica Water than from any other remedy I have ever tried.  
Yours truly,  
S. C. BRADLEY.

### Violent Nervous Headache.

MANCHESTER, CONN., Sept., 1885.  
TO CASE BROS.:

GENTS,—The circumstances attending my wife's sickness are these: Some six years ago she began to be troubled with pains in her back, particularly in the region of the kidneys. I was then living in Massachusetts, and I applied to the local physicians for treatment. This she received, but grew no better; in fact, after a time, they pronounced her case incurable. Four years ago I moved to Manchester; here she received further treatment, but the relief was temporary, and soon the old pains

returned, accompanied by violent nervous headaches. In April last she was induced to try Highland Tonica Water. In one week she felt the effects of the water in building up the system, the pains gradually left her back, and her kidneys acted in a natural and easy manner. The nervous headaches are less frequent, and to use her own words: "I feel very greatly helped and benefited."  
ORION J. ATWOOD.

### The Best Remedy.

NEW HAVEN, CONN., Jan. 18, 1888.  
MESSRS. CASE BROS., South Manchester, Conn.:  
GENTLEMEN,—After over four months' use of Highland Tonica Water, for kidney and liver trouble of many years' duration, I have no hesitancy in pronouncing it one of the best remedies I have ever used for these complaints. My general health has been greatly improved. My appetite is better, in fact I am almost a new man from the beneficial effects of Highland Tonica.  
W. H. H. BLACKMAN.

### A Physician Appreciates.

NEW HAVEN, CONN., Feb. 9, 1889.  
MESSRS. CASE BROS.:

GENTLEMEN:—The case of Tonica Water sent me in the month of December last, duly received and highly appreciated. It is a water of unequalled purity and very efficacious in diseases of the kidneys. I now recommend it freely to my patients. Please send me another case; I want it for family use.  
Very truly yours,  
M. F. LINQUIST, M.D.

### Cannot Say Enough.

BOSTON, MASS., Aug. 4, 1887.  
MESSRS. CASE BROS.:

I very much desire to express my experience with Highland Tonica Water, which is simply grand. For more than ten years I have been afflicted with kidney trouble, and I have been treated by many eminent physicians, and have derived some benefit from such treatment, but it was only temporary, and the pain would return quite frequently. A short time ago I was urged by a friend to use Highland Tonica Water. I had no faith in it, but finally concluded to try it. One day when my back was aching very badly, I happened to be where the Water was on sale and I drank quite freely of it, and in less than an hour I felt very much better, the pain having almost entirely left me, and had I continued using it regularly I have no doubt it would not have returned. I did not have a chance to get any more for some time, and the pain returned in a slight degree. Since I have been using the case I got from you I have derived a great deal of benefit from it, and while I do not imagine that I am entirely cured I do believe that with a continued use of it for a short time, I shall be. I have no doubt that Bright's disease can be permanently cured by its use. Furthermore, I feel that enough cannot be said in praise of Highland Tonica Water.  
Very truly yours,  
E. P. CHAPMAN.  
Conductor N. Y. & N. E. R. R.

### What is Thought of Tonica.

HARTFORD, CONN., March 21, 1890.  
MESSRS. CASE BROS.:

Please send us, as early next week as convenient, four cases Tonica. You ask: "What do we think of Tonica?" Now the fact that we have used Tonica continuously for nearly five years, and are still using it and recommending it to our friends, we think fully answers that question as satisfactorily as a full page of praise.  
H. B. BEACH & SON.

### Kidney and Bladder Trouble.

PHILADELPHIA, March 10, 1887.  
GENTLEMEN:—Having used your Tonica Water for upwards of a year, by reason of kidney and bladder trouble, cheerfully testify that it has afforded me the greatest relief, and can willingly recommend it to any one suffering similarly. Respectfully yours,  
WM. B. GLENN.

### The Best of All!

CROMWELL, CONN., Jan. 1, 1889.  
MESSRS. CASE BROS.:

GENTLEMEN:—The best case of mineral water I had of you is nearly out, and I shall order another soon, for I can find nothing better. The Lithia water from New Hampshire I do not think as good. Had I given it the preference, I should have had a case for a Christmas present from a friend of mine. A doctor in Brooklyn, N. Y., ordered two bottles of Virginia water at one dollar per bottle, but I received no benefit from it. Quite a number have taken your address whom I presume have sent for water. Hoping you will succeed in this enterprise, I remain,  
Yours truly,  
JOHN STEVENS.

## Press Comments.

Hartford Post.

### "TONICA WATER."

Readers of *The Post* can place absolute confidence in the merits of Highland Tonic Water, as presented in these columns by Messrs. Case Brothers. It is not the custom of *The Post* to endorse everything or everybody advertising in it, and this endorsement of an article which happens to be advertised here is not written merely for the benefit of the owners of Highland Spring. It matters comparatively little whether Case Brothers are making money or not, in bottling and selling the product of their spring; it matters much if the use of these waters, so simple and palatable, will ward off or cure insidious diseases to which every man and woman seem liable these times, and which are with such difficulty and so seldom reached by even the most intelligent physicians. In the interest of everybody who reckons good health and a sound body his richest possession, we feel moved to commend Tonic Water, knowing beyond doubt that its use is attended with the happiest results.

Hartford Courant.

### TONICA WATER

Is unquestionably destined to take high rank among the medicinal waters of the world. The array of facts presented to the public by the proprietors, from those who have used it, show results that are truly marvelous. Diarrhea, inflammation of the bladder, Bright's disease, rheumatism, indigestion, dyspepsia, and many of the blood diseases that afflict mankind, yield readily to its treatment. It has been found after many trials to be a specific in severe cases of vomiting. "Grippe" has never been known to resist its treatment. Sickly and frail children should be allowed the benefits that will surely follow its use.

The chemical constituents of Tonic would indicate all this. It will be noticed that all the claims made in favor of Tonic are backed by testimonials from high authority and experimental knowledge. The price charged should not deter anyone from getting at the facts, for if what is said of it is true, money cannot measure its worth.

The proprietors of the spring invite the closest investigation from high authority, and offer to bear the expenses of the same and render all the facilities in their power.

Hartford Times.

If Tonic Water does half that is claimed for it by its numerous friends, it is a most wonderful article. It certainly possesses the most remarkable qualities, or it would never have gained the notoriety it has.

Christian Secretary.

THE HIGHLAND NEWS, issued at South Manchester, Connecticut, is before us. It is a monthly paper, devoted to good health, with sprightly articles in prose and verse, and specially sets forth the merits of the "Highland Tonic Water" and "Rock Water," from the healthful and sparkling mineral springs of that place. The Tonic Water is highly commended by those who have used it for kidney and malarial troubles and other complaints.

Boston Transcript.

Many Boston Dyspeptics have been trying the newly-introduced "Tonic Water" of the Highland Springs, South Manchester, Conn., with good effect.

Paper Trade Journal.

Case Brothers, paper manufacturers, South Manchester, Conn., have on their property at the place named a spring, the waters of which, according to the testimony of physicians and patients, possess striking medicinal qualities. The water is known as "Tonic," and the analysis of it, as made by Lewis M. Norton of the Massachusetts Institute of Technology, demonstrates that its ingredients are almost identical with those contained in the human blood, and numerous testimonials are shown as to its curative qualities, while as a blood tonic and purifier it is said to be unequalled.

## Malaria Succumbs to Tonica.

### Thinking on Things of "Good Report."

BEFORE USING.

WINTHROP, CONN., July 1, 1886.

Messrs. CASE BROS.:  
GENTLEMEN,—The *Highland News* for June just came to hand. I notice what you say under the head of "Confidence." My wife would like very much to try Tonic for constipation—been troubled for many years. She has malaria, and is very nervous. Can you number her among the twenty? Wife does not have chills, but worse, cold and hot turns each day. Blood on fire. I am troubled much the same way. Wake up in the morning in agony from stagnation of blood. No day passes that I do not ache terribly for a few hours—strength all gone, mind worse off than body. We moved from Yaleville because of the ague. Wife is so much worse than myself I do want her to try your Highland Tonic Water. We need health more than all else. Hoping to hear from you, I am  
Very truly yours,  
REV. WALTER B. VASSAR.

BEFORE USING.

WINTHROP, CONN., Dec. 25, 1886.

Messrs. CASE BROS.:  
GENTLEMEN,—Were I to speak my full feelings and convictions regarding Tonic Water, I fear to most minds the praise would have a reactional effect. But to any one suffering with the complication of troubles which that curse malaria brings on, I would say: Begin to drink of Nature's fountain which flows in the Highlands of South Manchester. For myself and members of my family I can say that for the relief of cases of constipation, no matter how chronic, weak nerves, hot and cold flashes, aching in the bones, and all the usual malarial symptoms, nothing can supercede Tonic. One of the best things to be said of this, Nature's own remedy, is that which cannot be said of drugs; your cure is a cure with no evil effects following, and while you are being cured you are unconscious of the fact of "doctoring." A great boon to many who suffer much of many physicians and often with no surety of reward in return of health. I am glad to join with others in not only "thinking" on things of "good report" but in speaking of Tonic, over which such a good report can be made.  
Very truly yours,  
REV. WALTER B. VASSAR.

Walter B. Vassar is pastor of the Baptist church of Winthrop, Conn.

### Gained Ten and One-half Pounds.

MANCHESTER, CONN., Sept. 29, 1885.  
TO CASE BROS.:

This is to certify that I have suffered from the dumb ague for a long time. I have used one dozen bottles of the Highland Tonic Water, taking one glass before each meal. I have had only one attack of the ague since I commenced using the water. Previous to that I had attacks lasting two weeks at a time. I was also subject to severe headaches, that have entirely disappeared, and I have gained ten and one-half pounds in weight, and feel my general health very much improved.  
Yours, etc., FRANCIS B. MINER.

### A GREAT TONIC.

WILLIMANTIC, CONN., Dec. 23, 1885.

Messrs. CASE BROS.:  
GENTLEMEN,—Not long ago my attention was called to your Highland Tonic Water for malaria, from which I have been a great sufferer. After a thorough trial for about six weeks, I am pleased to say that it has given me greater relief than all the drugs taken for three years. I consider it a great tonic for toning up the system as well as a remedy for malaria, and would most cheerfully recommend it to all similarly afflicted.  
Yours truly, C. F. RISERDORP.

### An Important Statement.

PROVIDENCE, Sept. 6, 1886.

Messrs. CASE BROS.:  
GENTLEMEN,—I wish to make a statement of what I know of the effects of Highland Tonic Water. On the 15th of June last my wife and I called on one of our friends who had been sick for a long time. We were very much surprised to find him in so bad a condition. The color of his skin was like that of coffee, and the white of his eyes was of the color of the yolk of an egg. He had no appetite. Though supplied with all the "nicks," they were of no use, as his stomach would not retain them. All his food had to be given in liquid form, and his pain had to be controlled by morphia. We supplied him some of the Tonic Water, which he took and commenced to gain immediately. He has ordered two cases of the Water in succession

since, and from its effects has returned to his business. He had consulted some fourteen (14) doctors, and not one of them told the nature of his trouble, because, in my opinion, they did not know, and do not to this day. I am using the water now, and shall have something to say about it later. This friend of ours is D. G. McCloud, the boss blacksmith of G. H. Corliss' shop. Yours truly,  
S. R. BROWN.

### HIGHLY PRAISED.

JERSEY CITY, N. J., SEPT. 30, 1887.  
A. WELLS CASE, ESQ.:

DEAR SIR,—Arriving at home from my vacation a month since, I found the case of Tonic you had sent me. The Water was highly praised by the family who had tested it. I was suffering from an attack of malaria, and began to use it at once. The first draught did me good, and I was soon in my usual health. Since then, I have had occasion to recur to it several times, with highly beneficial results. A few days ago I met a lady who had been using it for several months for chronic difficulty, and was loud in its praise. Have delayed this expression till I could speak intelligently of the water from actual experience. Permit me now to express the hope that the Highland Waters may soon be generally known in every city, village, and hamlet throughout the country.  
Sincerely,  
REV. W. C. SNODGRASS.

### CHILLS AND FEVER.

SOUTH MANCHESTER, CONN., Oct. 1, 1885.  
MESSRS. CASE BROS.:

GENTLEMEN,—I wish to bear witness to the great benefit derived from Highland Tonic Water, both for myself and family. For two years previous to this my little boy had been troubled with chills and fever, or malaria, so called, but having used the spring water this season, has been entirely free from them. The other members of my family have used the same as a tonic with good results. Personally, I have used the water as a tonic, and for kidney affection, and I must say it has done a grand work for me, especially for kidney troubles, as speedy results follow the use of the water in every instance. After having received such grand benefits from the use of Highland Tonic Water, I can but cheerfully and heartily recommend the same to any and all troubled with kidney diseases, dyspepsia, and malaria in any form, and they will find immediate relief and speedy cure.  
Yours truly, E. C. STANLEY.

### MALARIA.

POTNAM, CONN., Dec. 21, 1885.  
GENTLEMEN,—I have tried your Tonic Water for malaria, and know that it has done me a great deal of good. I cheerfully recommend it to any with like trouble.  
Yours truly, J. O. BACON.

### AN EDITOR'S EXPERIENCE.

EAST HARTFORD, CONN., March 15, 1887.

Messrs. CASE BROS.:  
DEAR SIR,—I have used your Tonic Water for the last two summers as freely as well water, and consider it the best mineral water I ever drank. It is used in our home instead of well water all through the heated season. It is needless to say that we have no malaria. Unlike most mineral waters, it has a most agreeable taste, is always cool and sparkling; in fact, it will be found a blessing by all who use it.  
Very truly yours, H. B. HALE,  
Editor *Weekly Gazette*.

### Never Felt so Well in My Life.

MANCHESTER, CONN., Oct. 1, 1885.

Messrs. CASE BROS.:  
DEAR SIR,—It gives me great pleasure to say a word as to the excellent results that I have experienced from the use of the Highland Tonic Water. I have been subject to chills and fever for the last three years. I tried faithfully everything the doctors ordered, and succeeded in breaking up the chills for a time, but shortly they would return, and during the summer of 1884 had them every day, and the remedies I took left my bones lame and tired, and my face covered with disagreeable sores. Early this summer I commenced taking the Highland Tonic Water, leaving off all other medicines, and have been entirely free from chills. I am also free from lameness, and the sores have left my face. In fact, I never felt so well in my life, and I attribute my improved condition entirely to the use of this water. With respect,  
I am yours, WILLIAM COOLEY.

### MALARIA.

SOUTH MANCHESTER, Dec. 10, 1885.  
MESSRS. CASE BROS.:

GENTLEMEN,—I have been a great sufferer from malaria for the last four years, and during this time I have taken enough quinine to kill a dozen. My experience with the doctors' remedies has been very unsatisfactory. About three months ago I commenced using the Spring Water sold by you. I had no faith in it before using, but after using it for about six weeks I was compelled to have faith in it, for I was entirely cured of the malaria. I was as surprised as gratified, and I take pleasure in recommending it to all troubled with malaria or headache.  
Yours truly, MRS. BERTHA ISLEIB.

### Ague Cured from the First Bottle.

HARTFORD, Dec. 11, 1885.

Messrs. CASE BROS.:  
GENTLEMEN,—During the latter part of October I was attacked with malaria and chills and fever. I had chills every other day regular, and each attack was harder than the previous one. I saw your advertisement of Tonic Water, called at your office, procured some of the water, and commenced using it. I stopped taking all other remedies. The day before I began with the Tonic I had a very hard attack, the fever lasting nearly seven hours, and was the hardest I had experienced.

The first day I drank about two bottles of the water, and until I had drunk two and one-half dozen bottles I drank a bottle and a quarter a day, using four glasses a day. I have not had a chill since I commenced drinking Tonic, but have continued from the first to improve in health. I have a much better appetite than formerly, and fully believe that Tonic has cured me of the chills and fever. I am yours very respectfully,  
EDWARD B. FAXON.

### MALARIA.

MANCHESTER HIGHLANDS, Oct. 3, 1885.  
MESSRS. CASE BROS., Proprietors of Highland Waters:

GENTLEMEN,—For months previous to July last, I had suffered from severe attacks of malaria, in the form of chills and fever. I was obliged to lose much valuable time from my regular employment, and was in a wretched and miserable condition. During that time I was under the treatment of four different physicians, but received no permanent benefit. I was advised by a friend to try Highland Tonic Water, and with the first bottle I felt a decided change for the better; I continued its use, and in less than a month I was entirely free from the chills, my appetite improved, and to-day I am a well man. My improvement in health I owe entirely to the use of the Highland Tonic Water, and gladly recommend it to others like afflicted.  
Respectfully yours, JOHN FOLEY.

### CHILDREN USE TONICA.

SOUTH MANCHESTER, CONN., Sept. 28, 1885.  
MESSRS. CASE BROS.:

GENTLEMEN,—I desire to testify to the great benefit that the members of my family have received from the use of the Highland Tonic Water. For the past six years my wife and five children (and myself occasionally) have been subject to malaria. I have called physicians, from time to time, who prescribed for us, and we took their medicine until the children's stomachs became so weak that they were unable to digest any but the very plainest food; such solids as meats and vegetables would cause vomiting and spasms. We tried many other remedies, but received no permanent relief. Early last spring we gave up all other medicine, and commenced to use the "Highland Tonic Water." Since that time we have been entirely free from the chills and fever, an experience that is as new to us as it is pleasing. My children, that were pale and covered with sores,—the effect of so much medicine,—are as plump and rosy as I could wish, and able to eat and digest any reasonable amount of food. My daughter Mamie, who was troubled with weakness of the kidneys, is entirely recovered. Indeed, I feel that the water has worked wonders in my family, and is saving me many dollars in physician's fees and medicine bills.  
Very respectfully,  
C. A. NEWELL.

THE ABOVE CONFIRMED AFTER FIVE YEARS.  
UNIONVILLE, CONN., JANUARY 27, 1890.

Messrs. CASE BROS.:  
It gives me much pleasure to certify to the correctness of my letter of Sept. 28, 1885, and to the continued benefits we are receiving from the use of Highland Tonic Water. I believe if children were to use it more freely it would be to their advantage; at least, I found it to be the case in my family.  
Yours truly, C. A. NEWELL.

# The Highland News.

A monthly paper published in the

INTERESTS OF GOOD HEALTH,

AT

Highland Park, Conn., U.S.A.

Subscription, 25 Cents a Year.

CASE BROTHERS, Publishers.

WM. W. LYON, Editor.

The columns of the HIGHLAND NEWS are open to correspondence. Contributions are solicited on matters of local and public interest. Prominence given to hygiene, sanitary and popular science. Expressions of opinion, thought, or even fancy, that may tend to the moral and physical benefit of our kind, will be acceptable to us and our patrons, the people.

## EDITORIAL.

With this issue the HIGHLAND NEWS enters upon its third volume. It has found its way to the remotest sections of the country, and in many homes has made itself a welcome visitor.

While the word News has been called a misnomer, applying it in the usual acceptation of the term, the correctness of the title has been assured in being second only to the "tidings of great joy" promulgated nearly nineteen centuries ago. Next to an assurance of our future welfare is a promise of present happiness, and the foundation of happiness is good health.

Our mission in the future as in the past will be to make known the beauties of Highland Park, both as a residence and a resort, at the same time supplying information to the health seeker regarding the merits of Nature's curative, Tonica Water.

As heretofore the paper will be clean, honest in its expressions, earnest in its work, and of interest to that large class of people peculiar to America, who constantly need a tonic to make up or keep in normal condition the nervous force, in the expenditure of which they are so prodigal.

In the near future there is promise of something more than this. Plans now under consideration will be matured as early as attention to other important interests will allow. The News will give the earliest information regarding them as soon as they are put into practical shape.

The interests of good health will be carefully looked after both in original matter and by selections from exchanges. Correspondence is invited on all matters germane to the subject, including thoughts on moral and physical welfare and matters of public interest. With an assurance of continued favors from our present patrons, and a desire to form the acquaintance of others, we go forward on the original course, trusting to interest and benefit all into whose hands the result of our efforts may fall.

## MALARIA.

The season approaches when this convenient cloak must be brushed up and put into condition to cover a multitude of ills, imaginary or real.

It has been turned during the winter, furnished up with catarrhal trimming, and exhibited as imported goods under the name of La Grippe, at once becoming popular, and numbering among its devotees all ages and conditions of men.

It is not to be expected that American energy would let an article lie fallow four months in the year when there was money in it, provided a draft on its resources could be made available by a simple change of name. But now its usefulness is past under the new guise, and its old aspect must be disclosed, preparatory to another season of labor.

Malaria proper has among its symptoms the intermittent feature which is perhaps the most prominent of all.

This of itself is conclusive evidence that it is something more than a bad air disease; and while admitting that its inception is due in some cases to breathing impure air, we claim that its seat is in the blood. The intermittent feature is simply the effort of nature to cast out the impurities from the blood, acquired, if you please, through the lungs, thence carried to every part of the system, clogging and weakening all the organs of the body.

Under favorable conditions, with pure air, pure food, and moderate exercise, following the laws of hygiene, this effort will finally be successful; but, aside from the weary waiting, circumstances are seldom such as allow this course, therefore we must assist Nature in her eliminating process. Here, Tonica Water becomes of service, a natural production peculiarly fitted to cope with the poisons in the blood, so nearly allied to it in composition, that, aside from the benefits derived from the flushing process, its constituents need only to be combined with the nutritive elements in order to create a new supply, pure and healthy, giving strength and energy to the debilitated, faith and confidence to the despairing, and happiness to all.

This is not mere theorizing. The statements are borne out by facts. In the hundreds of letters received at this office the merits of Tonica are given prominence, and in this immediate vicinity personal observation has shown conclusively that its constant use during the malarial season has secured immunity from the disease. Not only this, but cases of long standing, wont to rely upon quinine or arsenic to break up (not cure) the chills, have, upon recourse to Tonica, been entirely relieved by its persistent use. During the prevalence of La Grippe (a foreign cousin of malaria) not a single case occurred among those habitually using Tonica, while others beginning its use during the early stages of the disease were able to continue at their usual employment, in strong contrast to the experience of some who put their faith in physician's prescriptions.

Quinine checks and controls the outer manifestations, Tonica goes to the root of the matter and renovates the inner organism.

## HEART FAILURE.

How often we hear these words repeated in connection with the death of friends or acquaintances. A man, prominent in business circles, well-known socially, pushing, energetic, and successful in his enterprises, is suddenly withdrawn from the race just when his competitors are left behind.

His friends, inquiring for the cause of his sudden demise, are told it was "heart failure."

Of course it was. Life is ended when the heart fails to pump a certain quantity of arterialized blood through the aorta every minute; and until this "failure" occurs, there is life, whatever disease has obtained a foothold in the system. The question then arises, Is this answer explicit enough? To those intimately acquainted with the subject it is.

If not satisfactory to others, they must make the best of it, and not press the matter too closely. Perhaps he had imagined himself unwell during the hours of reaction, and had resorted to "tonics," "purifiers," this or that nostrum, with a faint hope of receiving benefit.

Possibly his physician was consulted, a course of stimulating drug treatment advised, to repair the inroads caused by the expenditure of nervous force, and to enable the successful prosecution of his plans.

The pharmacopia is drawn on to an unlimited extent. Pills, potions, and powders, drugs noxious or drugs innocuous, are swallowed with no thought of their combined effect upon the system, other than a hope that they will hit the spot. The hope may be vague and the faith of little worth, but down they go; the jaded organs are forced not only to perform their legitimate work under unnatural circumstances, but to eliminate the poisons taken into the system under the guise of allies.

Is it to be wondered at that the heart failed?

In nine cases out of ten it is reasonable to suppose that the expression "heart failure" may be translated "too many drugs." Instead of building up the crumbling foundation walls, braces are applied to the structure without much attention being given to their position until, becoming over-balanced, it topples and falls.

Different results have been attained through a common sense mode of procedure. A thorough course of Tonica presents no objectionable features, and gets right down to work in a quiet old-fashioned way. It isn't even acquainted with the new names for old ailments that are so prevalent, but it undermines them just the same.

Nature's remedy requires more time than do the compounds of man to produce an appreciable effect, but that effect is always satisfactory when discerned, and its continued use tones up the impoverished blood through it, reaching and purifying every part of the system.

Tonica is usually resorted to after an unsatisfactory drug treatment, and it must be borne in mind that time should be given not only to correct diseased conditions, but to thoroughly drive out all traces of ineffectual medicines previously taken. Remember, the injudicious and ill-advised use of drugs causes heart failure.

## SPECIAL.

The use of Highland Tonica Water in skin diseases has been attended with gratifying results. In no case where it has been used freely and the directions carefully followed, has it failed of its purpose. The cure has been thorough, attended with no inconvenience, in most cases being accomplished so easily that the patient is unconscious of the fact that he is under treatment, but suddenly realizes that a complete cure has been effected. In cases of Eczema or Salt Rheum the patient is reluctant to pursue a thorough course of treatment, preferring to rely upon local and periodical endeavors to relieve the manifestations, but finds, with each succeeding spring and fall, that the conditions return and must be met again with the same unsatisfactory mode of procedure.

How much more gratifying a method which thoroughly eradicates the disease would be. We know that Tonica would do this, and to the end that others who hesitate before making a trial of its merits may achieve the same knowledge, we make this offer. To a limited number of persons afflicted with Eczema or Salt Rheum, we will furnish experienced medical advice for a thorough Tonica treatment, the advice to be free, and no charge for Tonica until a satisfactory cure is effected.

This to be determined on medical authority or by the parties directly interested.

The only conditions required are, that the patient shall be to the expense of carriage, and that before beginning the use of the water a complete and detailed statement of the case shall be sent to us, covering the period of illness and describing previous treatment, if any has been taken.

This is required to protect us from parties who are always ready to absorb anything and everything which they can obtain free of cost, whether it be a printed circular or a home in Florida.

UNIONVILLE, CONN., February 17, 1890.

Messrs. CASE BROS.:

I have been using "Tonica" for about three months in my family and among my patients, and to say that I am well pleased with it, but faintly expresses my gratification.

In the first place it seems to be of universal adaptation to diseased conditions, like light and air. I have used it in kidney diseases, stomach troubles, and skin diseases with marked success, and one case of "gravel" it has cured; but I have been more especially interested in its action in cases of asthma.

I have a patient who contracted asthma in the army in 1863. For the last ten years he has had it all the time, and, like the woman of the Scriptures, "suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse." For the last few years he has been unable to lie down. He has taken about three dozen quarts of Tonica, and he stoutly affirms "that he never has had anything help me as this has."

I would call the attention of physicians to this feature of "Tonica," and recommend them to give it a trial in bad cases. I am satisfied that it supplies a place in medicine, that no other mineral water has ever done. I am very truly yours, E. M. RIPLEY, M.D.

**TONICA.**

After Longfellow (a great way after).  
The shades of night were falling fast  
When through the "Model Village" passed  
A youth who held aloft and free  
A banner with this strange decree :  
"Tonica !"

His brow was sad, his eye and lip  
Wore signs of ague and of "grippe,"  
His step was weak, but yet he sang—  
In accents loud his message rang—  
"Tonica !"

In happy homes he saw the light  
Of faces "Tonica" made bright ;  
"Tis true," said he, "I know and think  
The way to health is Highland drink—  
Tonica !"

"Try not to pass !" the doctor said,  
The way is dark, the road is bad,  
Come take this quinine from my hand,  
The youth replied in accents grand—  
"Tonica !"

"Don't go," the druggist said, "I guess  
I've that for which you are in quest,  
Or something that is better still."  
But yet he answered with a will—  
"Tonica !"

"Oh, stay !" the maiden cried, "'tis best,  
Your need is shelter, food, and rest."  
A tear stood in his sunken eye,  
But still he answered with a sigh—  
"Tonica !"

"Beware ! heed not !" the veteran pleads,  
"Tis heaven's high will that intercedes,  
Above, beyond, there stands the light."  
A voice replies far up the height—  
"Tonica !"

As Highland ward, at break of day  
The lame and halt did wend their way,  
The youth was met, returning well,  
His eye was clear, his voice as bell—  
Rang, "Tonica !"

In after times he often told  
His sufferings in days of old ;  
And as he thought it o'er, he cried,  
"Except for Tonica, I'd died !"  
"Bless Tonica !"

**"STOP, THIEF."**

It has not become necessary to protect the public from spurious waters, claiming an analysis similar to Tonica, or from parties refilling old bottles under our label. We leave all such devices to proprietors of springs which need continual bolstering and blustering to keep themselves and their products before the public.

We are simple spectators of the fight between the woman and the bear. There is but one Tonica spring, nor is there a mineral water, natural or artificial, which can be substituted for it. The water is sent out only in glass, and our agents may be relied upon to furnish the genuine article.

We guarantee everything sold by us under our label to be natural spring water, just as it flows from Nature's fount, with the exception of being slightly charged with gas.

Purchasers of single bottles should be sure and get those containing the full amount of gas. Tonica exposed in windows or on shelves in an upright position is liable to lose a portion through evaporation if the corks become dry. If placed on the side or inclined at an angle ensuring sufficient moisture, it will remain in good condition for years.

It is pleasant to the taste, and, once used, will never be confounded with other waters. It has been introduced solely upon its merits, advertised in a straightforward business-like manner, and no other method will ever be adopted.

Every testimonial published is genuine, and, we believe, honestly written. Each is given in its entirety, including date and signature. No misrepresentation will ever willingly be allowed in connection with Highland Tonica Water.

**TONICA  
AS A BLOOD PURIFIER.**

**Prescribed for Fifteen Years.**

BOLTON, CONN., March 10, 1886.  
GENTLEMEN,—I have been acquainted with the Manchester Mineral Waters, now called Highland Tonica, for more than fifteen years, and have prescribed it frequently and with satisfactory results. It is useful in all cases of debility, indigestion, scrofula, salt rheum, and other chronic diseases of the skin. It is beneficial in constipation of the bowels and hemorrhoids. I consider it the best tonic mineral water in use in the country.  
C. F. SUMNER, M.D.

**Eczema—Salt Rheum.**

UNIONVILLE, CONN., Feb. 3, 1890.  
Messrs. CASE BROS. :  
I feel it my duty to write you a few lines in regard to your Tonica Water, and what it has done for me, hoping if you deem it worthy of notice you will publish it for the benefit of mankind. I have long been troubled with what was first pronounced Salt Rheum, afterwards Eczema, and for which I was treated several months by a physician who studied skin diseases and practiced at a hospital in New York, all to no purpose or benefit.

That was two years ago. Last August I had occasion to go to Highland Park, and remained nearly two weeks. While there I drank freely from the Tonica Spring, hardly using any other water, merely for an experiment ; and after leaving there I was surprised at the effect it had produced on me. About the first of October I sent to you for a case of the Water, and am now on the fourth case, and almost entirely cured of the eruptions on my skin. Besides, I have also been troubled with bladder difficulty, and that has entirely disappeared. My family, consisting of four, have used the water freely, with good results, and I feel now that I shall keep a supply in my house, deeming it a cheap doctor. Wishing you success and widespread circulation of the Water, I remain, very respectfully,

GEORGE B. FARRINGTON,  
Millwright and Mechanical Engineer.

**Salt Rheum.**

HARTFORD, CONN., March 18, 1890.  
Messrs. CASE BROS. :  
The case of Tonica Water ordered from you a short time since came duly to hand. About two years ago I purchased two cases of Tonica from you, and the results were very satisfactory. I was at that time troubled with Salt Rheum, but it had disappeared before I had finished one case of the water. I also received much benefit for dyspepsia, with which I have been afflicted for several years. The Tonica is excellent. I cannot speak too highly in its favor. Respectfully yours,  
F. L. CHAPMAN.

**Blood Cleansed—Kidney Disorder.**

SOUTH MANCHESTER, CONN., July 7, 1887.  
Messrs. CASE BROS. :  
GENTLEMEN,—I know not how to adequately express my gratitude for the benefits received from the use of Highland Tonica Water. In June, 1886, I was confined to my bed with a tumor in the region of the kidneys ; it gathered and discharged through the bladder, leaving me in a bleeding and very weak condition. Not getting relief from the ordinary treatment, I was prevailed upon to try Highland Tonica Water. Now, after the lapse of more than a year's time, I can but express the satisfaction it has given me, in relieving my kidneys, cleansing my blood, and toning up my general health. Believing that it only needs a thorough trial to be appreciated, I remain, yours truly,  
FRANCIS GRISWOLD.

**Eczema Cured.**

BOSTON, MASS., Nov. 30, 1889.  
Messrs. CASE BROS. :  
GENTLEMEN,—Some four years ago I was troubled with a skin disease which my physician called Eczema. After having used various medicines without any benefit, I was induced to try your "Tonica Spring Water," and after taking it for a year and a half, was completely cured.  
RODNEY P. WOODMAN.

**Tonica Cures Catarrh!**

**Trouble Gone to Stay.**

HARTFORD, CONN., Feb. 7, 1887.  
THE HIGHLAND SPRINGS CO. :  
GENTLEMEN,—In the winter and spring of 1885-6, I drank more than one hundred and fifty quarts of Tonica Water, and during that time became completely freed of the severe coughing and raising which I believed had become chronic and incurable. My trouble seems gone to stay, and I have got thus far through the present winter without any cough whatever. As I have tried no other remedy, I believe Tonica Water did the business. In my judgment, it is a great natural curative and blood purifier, and certainly a delicious drink. I have frequently advised its use to friends, who, after a proper trial, have reported themselves relieved of kidney troubles, indigestion, biliousness, etc. It is a pleasant duty to recommend Highland Water to the public. With best wishes for continued success in your good work, I remain yours sincerely,  
MARCUS A. CASEY.  
Mr. Marcus A. Casey is with The Case, Lockwood & Brainard Co., Hartford.

**Catarrh—Astonished at Results.**

SOUTH MANCHESTER, CONN., Oct. 2, 1885.  
CASE BROS., Proprietors Highland Waters :  
DEAR SIRS,—Seven years ago last April I had the misfortune to be caught by a revolving shaft, and terribly bruised and broken. After being under the care of several surgeons and physicians, I found myself healed as far as broken and dislocated bones were concerned, but with my constitution fearfully shattered ; I was, indeed, a wreck of the man I was before the accident. About this time I removed to South Manchester, and heard of the Highland Tonica Water ; I commenced using it and began at once to gain strength and appetite. I kept on with the water, and by December of the same year I had regained my former health so far as to call myself well. Previous to my injury I had been troubled with catarrh, so that I had lost all sense of smelling ; what was my astonishment to find that with the use of the Highland Tonica Water the discharge from the head passages ceased, the sense of smelling returned, and for five years past I have been entirely free from that disagreeable and troublesome disease. I am happy to recommend the use of this remedy to all who are in want of a tonic or blood purifier, for I believe it has no equal.  
Sincerely yours,  
JAMES L. BARRETT.

**Catarrh Greatly Benefited.**

SPRINGFIELD, MASS., Dec. 15, 1885.  
Messrs. CASE BROS. :  
GENTLEMEN,—I have used your Highland Tonica Water six weeks for catarrh of long standing, and must say that I have received great benefit from it. Have also greatly improved my general health. I cannot recommend it too highly for a remedy to regulate the stomach and bowels. Yours most respectfully,  
WILLIAM H. KING.

**Catarrh and Rheumatism.**

SOUTH MANCHESTER, Dec. 16, 1885.  
GENTLEMEN,—Being an early believer in Highland Tonica Water, it gives me much pleasure to testify to what it has done for myself and family. Since I commenced using the water my general health has much improved, my kidneys righted up, my old catarrhal difficulty disappeared, and malaria conquered. At times, for many years, my wife has had severe attacks of rheumatism. Her improved condition is very gratifying, and justifies her continued use of the Tonica Water. It gives me pleasure to recommend a remedy that has done for us all that was claimed for it. Wishing you success, I am yours truly,  
H. L. SHURTLEFF.

**Catarrh.**

MANCHESTER, CONN., April 6, 1887.  
Messrs. CASE BROS. :  
GENTLEMEN,—As you well know, I have been quite deaf for the past thirteen years. Last summer I was persuaded by a friend of mine to try Tonica. At first I did not give it a fair trial ; but while I used it, it was greatly benefited. Two months ago I commenced using it again, and after using it this short time, I can hear quite readily. Two Sabbaths ago I heard all the sermon, something that has not occurred for years. I now think my deafness proceeds from catarrh, and am in hopes that Tonica will wholly restore my hearing.  
Yours truly,  
ARTHUR W. CONE.

**Catarrh.**

HIGHLAND PARK, CONN., April 8, 1887.  
THE HIGHLAND SPRINGS CO. :  
GENTS,—It gives me great pleasure to give my testimony for the life-giving Tonica Water. I have been afflicted with that very disagreeable complaint, catarrh, which, in my case, I believe to be hereditary. I have been to great expense in trying the many advertised cures for the same, but have in every case failed to find a cure. I commenced using the Highland Tonica Water, and in less than one month's time I experienced great relief, and I intend to continue using the water, believing that it will effect a lasting cure, and it has really proved a tonic in toning up my whole system, reducing much superfluous fat, and I believe it to be the best and purest remedy that can be found for these my complaints, and I give it my hearty endorsement. Please send me another case of fifty bottles, and oblige. Very respectfully,  
WM. W. WHITE.

**Catarrh Complicated with Asthma.**

SOUTH MANCHESTER, CONN., June 5, 1886.  
Messrs. CASE BROS. :  
I commenced using Highland Tonica Water about eight months ago for malaria, catarrh, and asthma. In fact, I was very bad, and lost much time from my work. At times for two years previous to my using Tonica I was treated by six different physicians, and all the while growing worse. Since I commenced using Tonica I have used no other medicine, and have lost only four days from my work. I am feeling very much better and have gained ten pounds in weight. I believe Highland Tonica Water has saved my life. Accept my thanks for the interest you have taken in my case. Yours truly,  
JOHN GREEN.

**Health Improved.**

HAZARDVILLE, CONN., April 26, 1886.  
Messrs. CASE BROS. :  
GENTLEMEN,—I have used your Tonica Water for some time, and have found it very beneficial. I suppose my kidneys were disordered, as I was troubled with pains in my back and loins, and besides, I am satisfied it is a good tonic. My wife has been quite feeble all winter from catarrh and general debility. She has been using Tonica, and her health is much improved. I have a little grand-daughter who has had a stomach difficulty, and has seemed pinched and feeble all the time. She is now gaining in flesh and health, and I think her improved condition has been brought about by the use of Tonica Water, for which we all feel thankful.  
Yours truly,  
WM. GORDON.

**Catarrh—A Marked Effect.**

CHAPLIN, CONN., Dec. 19, 1885.  
Messrs. CASE BROS. :  
GENTLEMEN,—I want to say that I am very much pleased with the Tonica Water sent to me some two months ago. My wife was in very poor health at the time and under the doctor's care. She improved very rapidly while using the water, and I know that her improved condition is owing to the use of the Highland Tonica Water. I used a few bottles of it to see if it would affect my old catarrhal difficulty. The effect was so marked I want you to send me another case of the water at once. I intend to give it a thorough trial.  
Yours truly,  
C. H. CHESTER.

**As a Tonic.**

WASHINGTON, CONN., April 4, 1887.  
Messrs. CASE BROS. :  
GENTLEMEN,—I have used your Highland Tonica Water, and am particularly pleased with the result. It has been used also by a member of my family with great benefit. I am glad to be able to add my high appreciation in regard to its merit with the many testimonials in its favor. I consider it a reliable and efficacious remedy for all the complaints for which it is recommended, and I shall cheerfully recommend it to all afflicted ones.  
Respectfully yours,  
Mrs. S. S. BUNNELLE.

**Kidney Trouble and Malaria.**

HARTFORD, CONN., Jan. 25, 1887.  
Messrs. CASE BROS. :  
GENTLEMEN,—I have used your Highland Tonica Water in my family for some months, and cheerfully recommend it to all. I consider it excellent as a tonic for kidney troubles and malaria, and superior to any other mineral water.  
Yours truly,  
C. D. BURNHAM.

## Diabetes.

BROOKLYN, N. Y., Jan. 11, 1887.

GENTLEMEN.—I have carefully observed the effect produced by the Highland Tonic Water in the cases of five patients, and have also had occasion to notice the results of its use in several other instances. Of the five patients, three were afflicted with malarial fever of a severe character, and were also anemic. One was a case of diabetes mellitus, and one suffered from anæmia and general nervous prostration. I think the water truly named "Tonica," for it exerted a decidedly tonic effect upon all these patients. I cannot say that it will cure bad cases of malarial fever, though it may if it is continued long enough, but it certainly put the patients into a better position to resist the inroads of the disease; and it is certainly a sovereign remedy for anæmia, and is more efficacious in diabetes than any other remedy I have tried. I regard it as outranking Vichy for all kidney diseases. Its chemical constituents would indicate this result. A longer experience may, and probably will, develop other virtues in this really valuable mineral water. L. P. BROCKERT, M.D.

To Case Bros., Highland Park, Conn.

24 EAST 47th ST.

NEW YORK, June 22, 1886.

Messrs. CASE BROS.:

GENTS.—I desire to add my testimony in favor of your "Tonica water" as an invaluable tonic, specific remedy, and speedy relief for kidney troubles. For several years I have been under treatment by various physicians without benefit, and without any decided conclusion as to the true nature of my disease, until about six months since on being attacked with vomiting, vertigo, and extreme prostration, a test then made by Dr. H. Holbrook Curtis showed my ailment to be mellitic diabetes, twenty-five grs. sugar to the oz., specific gravity 1032, and quantity of urine about four quarts daily. I immediately adopted diabetic diet and the use of various specifics. I experienced no improvement, and after spending much of my time on my back, with extreme weakness, for five months, my attention was called by a friend to the cure of a similar case by the use of Tonica Water, who, among other things said, "It is worth a gold dollar for every drop to the diabetic." As an experiment, I immediately ordered a dozen quart bottles of Tonica, and commenced its use by half-glass doses before each meal and at bed time, the benefits from which were immediate in increased strength and appetite, and by the time I had used one dozen bottles, I resumed ordinary exercise without fatigue, and now, after six weeks, and on further tests, find a reduction in sugar of twenty per cent., and urine reduced to about one-half, with strength restored, bowels regulated, thirst satisfied, and all other symptoms usual to the diabetic greatly relieved, and it gives me great pleasure in recommending the use of a simple remedy from which I have experienced so much good in such brief period of time, and the use of which I propose to resume and continue, if found necessary. I am under an engagement for the summer at the Townsend Cottage, Lake Mahopac, N. Y., to which you will please send a copy of The Highland News. Respectfully yours, WM. L. McAFEE.

FROM THE SAME—LATER.

433 WEST 47th ST.,

NEW YORK, March 8, 1887.

Messrs. CASE BROS.:

GENTS.—Please send me another case of fifteen bottles Tonica Water. Having experienced great benefits from its use last summer in the relief of diabetes mellitus, and feeling so well I did not continue its use during the winter months, but now with the approach of spring, I am feeling some weakness and want of appetite as also a slight return of the old disorder, and believing in the curative properties of Tonica Water, and considering the spring months to be the most favorable season of the year to get its beneficial effects, I will resume its use again with confidence in the results. Respectfully yours, WM. L. McAFEE.

FROM THE SAME—LATER.

ASHVILLE, N. C., Dec. 18, 1888.

Messrs. CASE BROS.:

GENTLEMEN.—I have kept fairly well for the past year and a half, and since giving Tonica Water a fair and full test, and from which I received so much benefit. But since leaving New York, and under mixed diet, I find some of the old symptoms returning, such as increased activity of the kidneys, and thirst, but, as yet, no increase of gravity, tests keeping about 1020. I am glad to hear of your success in the introduction of Tonica, and so much so as to encourage the erection of a fine hotel, which I have no doubt will also meet with great success. I remain, Yours very respectfully, W. L. McAFEE.

## Rheumatism.

### Nothing Equal to It.

47 Superior Street,

PROVIDENCE, R. I., Dec. 14, 1888.

Messrs. CASE BROS.:

DEAR SIR:—I am glad of the opportunity to express my views as to the Highland Tonic Water. After using it for the past few months I can state positively that there is nothing equal to it as a general tonic and blood purifier. I have used it in cases of habitual constipation, general debility, gout, rheumatism, and malaria, for which I find it of intrinsic value. Nothing like it to wash out malarial poison, or, in fact, any infection or taint in the blood, or, I also believe it to be the best and most soothing kidney alterative, acting like a charm in all irritable conditions of the bladder, or in chronic cystitis dependent on uric acid. It is more prompt in effect than any mineral water I have ever used, being so pure and wholesome that even the most fastidious or delicate stomach will not refuse it. In cases where the patient is surrounded by the common conditions of excesses at table and little exercise, I prescribe it as a beverage at meals, and find it favorably received. I hope to hear, ere long, that a Sanitarium has been opened at Highland Park, as there certainly should be, that people may be more largely benefited by these waters. Physicians are beginning to regard them more favorably, as they cannot fail to note the happy results in cases where the Tonica Water has been used. Yours, M. A. JENKS, M.D.

### Relieved of Rheumatism.

72-74 Duane Street,

NEW YORK, Dec. 13, 1888.

Messrs. CASE BROS.:

GENTS.—It gives me much pleasure to add to the many testimonials that you now have of the merits of Tonica Water. I have been using it more or less for several years, and believe I have been benefited by its use. I had an attack of rheumatism this fall, which prompted me to send for another case, having been without it since spring; have used it daily since last supply and am now feeling quite well again. Wishing you abundant success, I am, Yours truly, WM. H. LEACH, Of Wilkinson Bros. & Co.

### Chronic Rheumatism.

Bay Side Farm,

SOUTHOLD, SUFFOLK CO., N. Y.

Messrs. CASE BROS.:

GENTLEMEN.—Inclosed you will find \$8.00 for one case, fifty bottles, Tonica Water. Having disposed of one case, twenty-four bottles, I feel anxious to continue, as I know that I am feeling better for drinking the water. When I received my other box I was sick in bed with rheumatic fever, and for years have been greatly afflicted with chronic rheumatism. I gave my doctor some of it to distribute among his rheumatic patients, and he, after testing it, was highly in favor of it. I shall continue to use it as long as I feel so much benefit from it. It is only three weeks that I have been drinking it, and I feel good effects from it already. Hoping that it may prove a blessing to humanity, I remain, Yours, etc., BESSIE C. RICHMOND.

### Rheumatism.

SOUTH WINDHAM, June 3, 1886.

Messrs. CASE BROS.:

I enclose check for the Tonica Water you sent me, and can say for rheumatism it is the best article I ever used. Truly yours, C. A. PEARL.

### Commends Tonica.

MERIDEN, CONN., Aug. 13, 1888.

Messrs. CASE BROS.:

Acute rheumatic fever assaulted me last winter. When the fever had been broken, my physician, Dr. Nickerson of Meriden, advised me to obtain a case of your Tonica Water. I did as advised, and you deserve the excellent but unsolicited report of the effect of the water upon me. I was greatly weakened by the fever, and was apparently very near the "Gates Ajar." I found the Tonica to be a very helpful water, showing its excellent properties in the relief afforded to both stomach and kidneys. I drank freely of it, and it did for me just what the physician expected it to do—cleansed out the physical system, and imparted a healthy tone to the repairing forces. I commend your Tonica as having done excellent things for me; and before long I must journey to your spring to drink more, not now for disease, but for the pleasure of the water. Yours very truly, REV. ISAAC R. WHEELOCK.

### Muscular Rheumatism of Long Standing.

HARTFORD, CONN., April 21, 1886.

Messrs. CASE BROS.:

GENTLEMEN.—At times for a period of over ten years I have been an intense sufferer from muscular rheumatism. What I have suffered, only those who have been in like condition can tell. I have been treated by some of the most eminent physicians. I have tried the southern climate, and the Sulphur Springs treatment; I have paid money without stint; from none of these did I receive any perceptible or permanent benefit. The severest attacks have been during the cold and damp winter and spring months. Last February found me in one of these attacks, and while preparing to leave my business for a southern climate I was called upon by Mr. A. Wells Case of your firm. I told him of my condition, of the treatment to which I had submitted, and what I was preparing to do. He said I had better try Tonica Water instead; that he knew of quite a number who were using it for rheumatism with most satisfactory results. I said it might be a good thing, but I didn't believe it would do me any good. I, like thousands of others, thought I must have something more heroic. How could what appeared to be so simple a remedy help me, when ten years of treatment according to science and the books had so signally failed? He said there were instances where science had given way to facts, and that it might happen again. I did not believe it would help me, but knowing Mr. Case so well, and that he would not intentionally misrepresent the matter, I consented to try it. Now, after using Tonica Water for about three months, to the exclusion of all other remedies, I can say that I have not had a recurrence of my old difficulty since I commenced using it. I did not take my intended southern trip, but instead have been able to attend closely to business. My rheumatism was undoubtedly brought on by a malarial sickness that I had some eleven years since, or by the treatment I received for it. Having passed through the most trying months of the year under Tonica Water treatment, I believe that I am in a position to speak understandingly of its merits. I unhesitatingly and cheerfully say that it has done me more good than any and all other remedies combined, and that I shall continue its use, hoping the benefit I have received will be permanent. Please accept my thanks for the interest you have taken in my case, and wishing you success, I am yours truly, W. O. CARPENTER.

### Inflammatory Rheumatism and Kidney Trouble.

CHAPLIN, CONN., April 9, 1887.

GENTLEMEN.—For thirteen years I have been troubled with inflammatory rheumatism, and at times have been unable to rise from my bed for weeks. Have also been troubled with a kidney disorder. I have tried many remedies, and can truly say I think your Tonica Water has helped me more than anything I have ever used. Yours truly, Mrs. A. B. CLARK.

### Rheumatism and Dyspepsia.

1,831 South Eighth Street,

PHILADELPHIA, March 10, 1887.

GENTLEMEN.—I have used your Tonica Water during the past year for rheumatism and dyspepsia, and derived so much benefit that I cheerfully recommend it to all who may suffer from similar complaints. I remain, Yours respectfully, CHRISTIANA SCHMIDTMAN.

### Inflammatory Rheumatism and Kidney Trouble.

CHAPLIN, CONN., April 23, 1886.

Messrs. CASE BROS., South Manchester, Conn.: GENTLEMEN.—In January last I was attacked with malaria and inflammatory rheumatism so severely that I was confined to my bed for weeks. I have also been a sufferer for years from a kidney weakness, for which I have used every remedy I could hear of (and every person I saw had a new one to recommend.) My attention was finally called to the Highland Tonic Water. I immediately ordered a 50 quart case of Tonica and commenced its use. The effect was most magical. In three days I was able to walk about; and in three weeks, I believe, I was entirely cured. I am now in the best of health; my weight has increased to 275 pounds, and I am thoroughly convinced that had Ponce de Leon sought among the Manchester Highlands he would have found in the wonderful Tonica spring the identical fountain of perpetual youth for which he sailed to Florida. Respectfully yours, C. H. WINCHESTER.

## SCROFULA.

The general condition of scrofulous persons is that of low vitality, due to lack of nutrition or non-assimilation of the nutritive elements. This lack results in a deposit in the glands of matter having a tendency to disorganization. It is attended with ulcers and skin eruptions, and is manifested by glandular enlargements, with chronic affections of the bones and joints. It may be inherited—the offspring of consumptive parents being very frequently of scrofulous habit—or it may be acquired under influences that impair the process of nutrition. It is directly promoted not only by the use of improper food, but by insufficient exercise, breathing damp or impure air, and by inattention to the skin. It is the skin which shows the first symptoms of the disease, and they are always present under diversified local names, manifesting in various combinations and successions. Eczema, salt rheum, ophthalmia, nasal catarrh, as well as liver complaints and glandular diseases, are all due to the scrofulous state.

The general state of the organism, together with the mode of living, habits, occupation, etc., are to be taken into special account, the local treatment being seconded by a thorough cleansing of the system, proper exercise, and attention to the diet. Indeed, the most successful mode of treatment is the preventive, which, applied early in life, causes the scrofulous tendency to disappear at the age of twelve to fourteen years, without having occasioned any local diseases. This, then, may be taken as evidence that in later years corrective treatment on the same line should prove satisfactory, eminently more so than a course calculated to relieve only the more disagreeable features of local manifestations.

Dr. Welch, of New York city, in a treatise on the skin and its functions, says: "On the sound condition of this organ as much as, if not more, than that of any other, depends the comfortable working of the living machinery. On it are reflected their ailments, and its derangements in turn are sure materially to modify for the worse the play of the interior apparatus. Herein is apparent how potent, not to say how safe, a battery the skin presents for the reduction of the disease. In fact, many acute and chronic maladies select the skin, as it were, as the common sewer for the running off of morbid elements which have accumulated in the system."

In no case is this more true than in scrofula. The impurities must be forced out; the kidneys and liver are already clogged, performing their duties as well as may be under difficulties, but in order to enable the blood to keep alive the flagging energies, the skin is called upon to assist in ridding the body of foreign matter. Disgusted and over-taxed with the work, weakness is shown by inflamed eyes, eruptions and redness of the skin, virulent discharges, thus warning against a continuance of present conditions. If the warning is heeded at all, the general course pursued is to relieve the visible indications, shutting in more closely the dangerous elements which Nature is trying to rid herself of.

A more rational way would seem to be, building up and strengthening the weakened organs, gradually changing internal conditions, so that each might perform, unimpeded, its proper work. The blood having become deficient in mineral constituents in spite of its efforts to assimilate the scanty nutriment provided, becomes weakened, sluggish, and ill fitted to act its part against the common foe. This being the case, the first thing necessary is to supply the lacking elements. How shall this be done?

If prescribed by a physician, they are procured from the nearest drug store, — dissolved in — what? Water, nothing else, except the usual foreign matter contained in wells and reservoirs. If water is found to be the best medium for conveying these mineral properties to the blood, a pure water would certainly seem to outrank the ordinary beverage found in city pipes. Tonic Water is not only free from impurities, but it offers a natural remedy for impoverished blood, holding in solution the same constituents as healthy blood contains. An analysis shows not only that here are the essential elements, but they are in happy combination, no one being greatly in excess of others, and the total amount of solids showing but four grains to the gallon.

Thus it will be seen that ordinary use of the water presents the medicinal qualities only in such quantities as may readily be assimilated, its tonic properties gradually opening the way for a proper reception of the nutritive elements, creating pure, healthy blood, forming new tissue, and forcing unhealthy matter out of the system.

#### IT WAS NOT A BLUNDER.

We do not say it for self-commendation, but for truth's sake. We made no mistake in submitting our great natural remedy for disease to the judicial test of the medical profession. To be sure, discoveries of this character do not always originate in the profession, but, in order that they may accomplish their best results, they must at last come to be recognized and employed by the physician. It was first necessary, in the case of our natural mineral waters, to fully assure ourselves of their value in the properties they represent. This we effected by analysis and practical test. It will be seen that in our earlier investigations we called science to our aid. Not by purchasing opinions and testimony from pretended doctors who are in the market, but we asked men of learning and skill to state their deductions, after due and careful examination of their merits. The sequel demonstrates that we made no mistake. Every day we are hearing from the physician, either directly or through his or her patients. A large proportion of our orders are shipped on medical authority. In one of the cities of Pennsylvania where we have no local agent, an enterprising woman who is also a physician has discovered the remarkable therapeutic value of Tonic, and not only prescribes it in her extensive practice, but through her influence other physicians are employing it against disease. Hence a considerable and increasing demand for the waters has obtained in that city. This, certainly, is only an instance, but a significant one as bearing upon our proposition. Even if it cost us as much in bringing Tonic into merited repute, to introduce it to the people by this means, or even if the expense were greater, we would adopt this straight and square method, rather than to placard the earth with posters emblazoning the merits of Tonic and Rock waters.

# DYSPEPSIA.

## One of its Worst Forms.

BOSTON, MASS., Nov. 13, 1886.

Messrs. CASE BROS.:

GENTS. — In answer to yours of the 9th inst., I am happy to inform you that the Highland Tonic Water has entirely cured me of one of the worst forms of dyspepsia, from which I had been suffering three years. At the time I commenced its use I was forty pounds below my usual weight; could not eat any solids of any kind; and in spite of the best medical aid that money could buy, was gradually growing weaker day by day. I have used three cases of the Water, and now enjoy the best of health; in fact, am a well man again, and I sincerely hope that you will place this great remedy in reach of all who have suffered as I have.

Most respectfully yours, S. L. HOLT.  
Mr. Holt is one of the well-known firm of S. L. Holt & Co., dealers in steam engines and boilers, Sudbury Street.

THE ABOVE CONFIRMED.

BOSTON, MASS., Jan. 16, 1889.

Messrs. CASE BROS.:

GENTLEMEN, — As regards the Tonic Water, it has not deteriorated any in my opinion, as its cure is permanent in my case. Yours truly, S. L. HOLT.

## Can Eat Any Thing.

NORWICH, CONN., July 24, 1886.

GENTLEMEN, — I cannot say too much for the health-giving properties of your Highland Tonic Water. I am taking it regularly, and am decidedly better — like a new man — headache all gone, sleep good, no trouble with pain in stomach, can eat anything; my family are also using it. I have presented several bottles to friends, who are experiencing most beneficial results therefrom. I am sure that when its wonderful properties become known it must come into general use.

I am yours very truly, RUFUS SIBLEY,  
Pres't "The Sibley Machine Co."

## A Believer in Natural Remedies.

BROOKLYN, N. Y., Dec. 20, 1885.

Messrs. CASE BROS.:

DEAR SIR, — Yours of the 10th instant, inquiring my early experience with the Highland Tonic Water, is before me, and in reply I can but give you a statement of facts, which are as follows: Some fifteen years ago I became subject to dyspepsia and biliousness; could not eat or drink without sour stomach and bloating. Being a believer in natural remedies, I went to the Highland Springs for the mineral water, and used it with splendid results. The use of the water put me in excellent condition, and I prize it very highly for its remedial qualities. Many others, to my knowledge, in past years, have used the water for various complaints with like benefit. I had a man named David Beecher at work for me at the same time who was afflicted with an ugly sore on his ankle which finally spread over the entire foot. He tried the best skill to be found with no good results. I procured the spring water for him, and he drank it and bathed his foot with it. The foot became entirely healed, and has remained so ever since. Mr. B. is still living in North Manchester, and, I have no doubt, would be willing to give the facts to any inquirer.

I am very truly, S. STONE.  
Mr. Stone is the inventor of the well known "Neverslip" horse shoe, which is manufactured so extensively in Boston, and was for many years a resident of Manchester, Conn.

## Dyspepsia.

NEWPORT, R. I., June 18, 1886.

GENTLEMEN, — I take great pleasure in testifying to the high merit of the "Highland Tonic Water." Several months since I commenced using the same, but with little faith in it, having been under a doctor's care more or less for some three years, and they afforded me hardly any relief for my troubles, principal of which was dyspepsia. When I commenced using the water my system seemed all run down, and I was constantly suffering from dyspepsia in its worst form. I am exceedingly happy to state that upon the use of Tonic "deliverance came," and I now feel like a new creature in the general toning of my system, and in feeling that my old enemy "dyspepsia" is slain. I shall recommend Tonic to all my friends.

Yours respectfully,  
MRS. C. H. TABB.

# Tonica Will do for You What it Has Done for Others!

## Kidney Affection and Malaria.

HARTFORD, CONN., Feb. 8, 1886.

Messrs. CASE BROS.:

GENTLEMEN, — If I withheld my praise of Tonic Water, I should be an ingrate. About one year previous to October 15, 1885, I had been subject to attacks of malaria. Medicine seemed to check it only to return worse than ever, besides having all the time from one to three boils, a constant aggravated case of chronic nasal catarrh, a constant growing tendency to the worst form of piles, and, worse than all else, a serious kidney trouble, bordering on Bright's disease. I had kept up simply through strength of will, hoping that the change of season would bring relief.

When you told me that you felt certain Tonic Water would cure me, I must frankly say that I accepted your assertion with a great deal of mental reservation, and I can assure you in my case it has been no "faith cure." For the life of me I could not see how water could cure chills, when I had been taught from childhood that the reverse was to be expected. However, I jumped at the conclusion that it was not a "cure or kill" remedy, and commenced using it about the day above mentioned, and from the first time I drank it I experienced relief, and after using it thirty-six hours my "shaky feelings" had given way to a firm faith in Tonic, which has grown stronger every day since, although malaria seemed to contest every step towards a cure; but I am thankful to be able to say that now I feel that the cure is perfect, and that Tonic Water is more of a specific than you claim it to be.

The most surprising thing to me was its gratifying effects on my catarrh and pile disorders, both of which seemed to act as under the best treatment possible for each disease, and the same is true of my kidney troubles, which, in fact, I think was the basis of all my afflictions.

I have never ceased to wonder at the remarkable effect of Tonic Water on the human system, as exemplified in my case, and only say it was simply marvelous. If I can say or do anything to advance the interest of this great natural remedy, don't fail to let me know, as it certainly ought to be known to every human being.

I am very gratefully and respectfully yours,  
J. ACTON MILLER.

## Superior to Carlsbad.

41 WEST THIRTY-SIXTH STREET, NEW YORK.

July 29, 1886.

Messrs. CASE BROS.:

GENTLEMEN, — Please send one case Tonic Water to 41 West Thirty-Sixth Street. The sample proved most satisfactory, and I cordially recommend it, so much so that I have sent four of my patients to you for the same, and shall continue to prescribe its use. I thank your agent for calling, as I had no knowledge of Tonic, ever using the Carlsbad Water. I consider this Tonic Water superior to any I have used.

With respect, S. H. BACKUS, M.D.

## Piles.

May 25, 1886.

CASE BROS., Manchester, Conn.:

GENTLEMEN, — I wish to add my testimony to the value of your wonderful Tonic Water. I have suffered greatly from piles for several years, both internally and externally. After using Tonic Water for one month, I am thankful to state that I am wholly free from my trouble, and I believe Tonic to be the best water in existence.

Mrs. C. H. TROTT,  
Café Waquoit, 249 Columbus Ave., Boston, Mass.

## Inflammation of the Bladder.

SPRINGFIELD, July 13, 1886.

CASE BROS.:

GENTLEMEN SIR, — I feel that I should be ungrateful toward suffering humanity if I should withhold my testimony as to what Highland Tonic Water has done for me. I have been suffering with inflammation of the bladder for two years, have been to a number of doctors, and tried everything I could hear of without benefit. About three months ago your little paper, *The Highland News*, found its way to my house, and reading the testimonials, I thought there must be some virtue in the water, as most all seemed to have a kidney difficulty, and I began to think my trouble might be farther back than the bladder. I was feeling quite badly at the time, and so thought I would send for some of the Tonic,

thinking it would do me no harm, if it did no good; but, to my surprise, by the time I had taken the third bottle, the inflammation began to cease in some measure, and has continued to do so to the present time. Of course, I am not well, but the Tonic has done for me what nothing else has, *doctors included*, and I must say that the Mineral Water has taken a great rise in my estimation, as I think it has an effect on the kidneys and bladder that no other remedy has.

Respectfully yours,

MRS. SARAH GAYLORD,  
93 Water Street.

## Self Explanatory.

HARTFORD, CONN., Jan. 18, 1890.

Messrs. CASE BROS.:

GENTLEMEN, — Please send me at once fifty cases quarts Tonic, ten cases pints Tonic. We find this water sells better, by far, than any other medicinal water we have ever sold, and the trade is constant and increasing.

Yours truly,

TALCOTT, FRISBEE & CO.

## Ne Plus Ultra of Remedies.

HARTFORD, CONN., Dec. 27, 1888.

Messrs. CASE BROS.:

GENTLEMEN, — It is with great pleasure that I add my testimonial to those of the throng who sing the praises of Tonic Water. I have drunk the water from that valuable spring for upwards of nine years, and that I have received great benefit from it goes without saying. For all diseases of the blood (and what diseases that flesh is heir to do not arise from an impure state of that element?) I believe Tonic to be the *ne plus ultra* of remedies, because, in its composition, it is so nearly allied to that human life fluid in a pure state that poisonous impurities cannot exist in the same system with it. Please ship me, within a day or two, another case, as my last is nearly out, and I do not like to be without it. I am, very respectfully,

S. F. BRONSON.

## Headaches Cured.

BOSTON, MASS., Feb. 10, 1889.

Messrs. CASE BROS.:

GENTLEMEN, — I have the greatest confidence in recommending your valuable "Tonic Water." I am now on my third case, and we (all my family) have grown to like it, and think our meals are incomplete without a bottle on the table. It drives away headaches, and greatly improves the general system. Have used various wines on my table, but this is far better and much cheaper. I trust I may be able to always keep it in my house.

Respectfully, GEO. WM. WAITE.

## Sick Headache.

PHENIXVILLE, CONN., Feb. 15, 1886.

CASE BROS., South Manchester, Conn.:

DEAR SIR, — Since I came from your mill at Chaplin, I have been taking about one glass of your Tonic Water per day, and have not had a particle of headache since I began its use; but before I used it I used to have an attack of sick headache about twice a week, regularly. I know of nothing else that could cause the change, as to my diet and habits have been the same.

Yours respectfully, J. E. LATHAM.

## Neuralgia of the Stomach and Nerve Trouble.

SOUTH MANCHESTER, CONN.,  
Nov. 23, 1886.

CASE BROS.:

DEAR SIR, — I have, as you are aware, been using the Tonic Water for the past three months, and I wish to express my appreciation of its merits. As a nerve tonic, I consider it unsurpassed. I have, for some years, been subject to very severe attacks of neuralgia in the stomach, which, at the time I began using the Tonic, were gaining ground, both in frequency and severity. I derived so much benefit from its use that I would advise all persons suffering from nervous ailments to give it a thorough trial before resorting to morphia and kindred drugs. It would give me pleasure to add my testimonials to the many you have already received. I find myself much improved in general health, and you can use this letter in any way you see fit. I am gratefully yours,

ALICE E. STRONG.

—REMARKS.—

For Bright's, and all other Kidney troubles, Malaria, toning up the blood, improving the appetite, Constipation, Female weaknesses, and as a general tonic, this water stands without a parallel, and the use of from one to three glasses a day, according to age, condition, and complaint, will bring most surprising and satisfactory results.

A little patience should be exercised in aggravated cases, as one bottle of this water or one day's time may not cure what other remedies have failed to do in years.

This Mineral Spring Water is not a manufactured water, but perfectly pure as it comes from Nature's fountain, and by the advice of eminent authority is not filtered. The sediment in this bottle is essential to obtain the results sought for.

It is put up by a modern and approved process, and can be kept for an indefinite time.

**CASE BROTHERS, Proprietors,**  
Highland Park, Conn., U. S. A.

**HIGHLAND**  
*Case Brothers*  
**TONICA WATER.**



View in the Highlands, near the Springs.

Mass. Institute of Technology,  
Boston, Aug. 1, 1885.

Case Brothers, Gentlemen:—

The sample of Mineral Water received from you for Analysis, contains to the U. S. Gallon:

Sulphate of Potassium.....	0.355	grains.
Carbonate of Potassium.....	0.180	"
Chloride of Sodium.....	0.215	"
Carbonate of Sodium.....	0.345	"
Carbonate of Lime.....	0.512	"
Carbonate of Magnesia.....	0.284	"
Bi-carbonate of Iron.....	0.970	"
Phosphoric Acid.....	0.051	"
Silica.....	0.618	"
Alumina.....	0.093	"
Oxide of Manganese.....	trace.	"
Sulphuretted Hydrogen.....	trace.	"
Organic and Volatile Matter.....	0.510	"
Total.....	4.083	"

The water contains also Carbonic Acid Gas in solution, and is alkaline,

Yours very truly, Lewis M. Norton.

FAC SIMILE OF LABEL OF TONICA WATER.

General Agents.

- W. H. SCHIEFFELIN & CO.,  
New York.
- FRENCH, RICHARDS & CO.,  
Philadelphia, Pa.
- GEO. C. GOODWIN & CO.,  
Boston, Mass.
- TALCOTT, FRISBIE & CO.,  
Hartford, Conn.
- GEORGE L. CLAFLIN & CO.,  
Providence, R. I.
- HAZARD, HAZARD & CO.,  
Newport, R. I.
- CHAS. S. LEETE & CO.,  
New Haven, Conn.
- GEORGE A. HILL,  
Springfield, Mass.
- APOTHECARIES HALL CO.,  
Waterbury, Conn.
- E. W. THOMPSON & CO.,  
New Britain, Conn.
- C. E. BALL & CO.,  
Holyoke, Mass.
- LEE & OSGOOD,  
Norwich, Conn.
- NICHOLS & HARRIS,  
New London, Conn.
- MERIDEN DRUG CO.,  
Meriden, Conn.

THE CLAIMS OF TONICA, AS A  
REMEDY,

Are founded on its constitution of elements, its history, and its effects. Study the analysis closely as you may, you find no noxious principle, nothing save what goes to make good blood. In fact, add to Tonica certain nutrient elements such as normal digestion elaborates from proper food, and you have, as a result, pure blood. Volumes can express no more than this simple fact, not only endorsed by science, but supported by experience, viz.: Tonica, with digestion impaired, makes pure blood. But in most cases of illness digestion suffers, and its product becomes so irritant and poisonous that it cannot be assimilated, and the system suffers from its presence. Tonica neutralizes and corrects the irritant product, restores the function, and supplies lost elements. People are astonished at the promptness of relief from this remedy. "What can there be," they ask, "in this natural spring, coming from the heart of the mountain, to produce such effects?" To which we can only respond: The revealed elements of Tonica are benign and remedial, but that there are other and more subtle elements that elude the skill of the chemist, but which vital function can seize upon and appropriate, we raise not a doubt. There is limit to human knowledge, and Nature not yet confers upon the chemist the power to fix and identify the last element of her products. . . . Former editions of the NEWS have given facts concerning these waters that may profitably be in part reproduced. The town of Manchester, which derives no little distinction from the presence of these springs and their repute, as also neighboring towns, have, according to the authority of that venerable chronicler, "the oldest inhabitant," long since found the water good as a blood and strengthening medicine. Jugs, pails, and bottles have conveyed untold gallons all over this section. And for these many years so positive and pronounced have been its benefits that the present proprietors have been induced to yield to the pressure of the public claim and extend its curative mission. Hence they have founded and now conduct a large establishment for its development. The success of the enterprise has been phenomenal. From the bottling house

enormous quantities have been shipped to meet a steadily increasing demand, and an ebb tide of grateful, spontaneous testimony to its virtues has been returned to reward the enterprise, which we may say is still in its infancy. Indeed, it has worked such successful results that the physicians are beginning to investigate and many are adopting it. More will do so. The profession is honorable and philanthropic. In the interest of human suffering it should forego chronic theories and dismiss routine therapeutics in order to give the patient the best chance for his life and recovery. Does any one know why the doctor should let a man die of Bright's disease or diabetes when Tonica can save him? Why, in aid of Nature, should he not employ Nature's remedy, which will cure every curable case, and has cured cases that were by high authority pronounced incurable.—*Highland News, September, 1888.*

HIGHLAND ROCK WATER.

The chemist's definition of pure water is, "a mineral substance without color, taste, or odor." Who among the denizens of our cities is acquainted with the "substance" as thus defined? A resort to the faucet or ice pitcher discloses the shadow only, and in many instances death lurks in that shadow. A very simple test will suffice to show that the contents of reservoirs and pipes are far removed from the pure article. Even if the presence of "color" does not at once condemn it, twenty grains of the purest sugar added to a half pint of the liquid in a perfectly clean bottle will show the presence of foreign matter. The bottle should be corked tightly, and sealed if necessary to exclude the air. If, after being in a warm place for twenty-four hours, it shows discoloration, or fermentation has developed, it is unfit for drinking.

Highland Rock water stands this test as it does every other, in such manner as to ensure its being a perfectly pure spring water. Prof. Norton says, "It is unusually free from ammonia and nitrogenous substances and admirably adapted to drinking purposes."

Distilled waters, while they may be free from deleterious matter totally lack the life principle that is necessary to assimilate with fluids of the body, besides being flat and insipid.

Rock Water is clear, sparkling, of uniform temperature, and for table use is unequalled by that of any other known spring. The use of impure water is a well known source of disease, while the Highland Rock is a royal preventive of all endemic diseases, and its use is perfectly free under all circumstances.

**INVESTIGATE!**  
**HIGHLAND**

**TONICA WATER. ROCK WATER.**

WILL CURE  
BRIGHT'S DISEASE OF THE KIDNEYS,  
DIABETES, CATARRH OF THE BLADDER,  
CONSTIPATION, INDIGESTION,  
SCROFULOUS AFFECTIONS, All Forms of  
MALARIA, and FEMALE WEAKNESSES.

As a Blood Tonic and Purifier it is Unequaled.

Read the following Analysis:  
MASSACHUSETTS INSTITUTE OF TECHNOLOGY,  
Boston, August 1, 1885.

Case Brothers, Gentlemen:—  
The sample of MINERAL WATER received from you for Analysis, contains to the U. S. Gallon:

Sulphate of Potassium.....	0.355	GRAINS.
Carbonate of Potassium.....	0.180	"
Chloride of Sodium.....	0.215	"
Carbonate of Sodium.....	0.345	"
Carbonate of Lime.....	0.512	"
Carbonate of Magnesia.....	0.284	"
Bi-carbonate of Iron.....	0.970	"
Phosphoric Acid.....	0.051	"
Silica.....	0.618	"
Alumina.....	0.093	"
Oxide of Manganese.....	trace.	"
Sulphuretted Hydrogen.....	trace.	"
Organic and Volatile Matter.....	0.510	"
Total.....	4.083	"

The water contains also Carbonic Acid Gas in solution, and is alkaline.

Yours very truly, LEWIS M. NORTON.

The Climax of Table Waters.  
FLOWING FROM A NATURAL SPRING.  
HEALTHFUL, INVIGORATING,  
REFRESHING, PLEASANT TO THE TASTE,  
UNEQUALED IN QUALITY,  
AND UNPARALLELED IN PURITY.

It Tones the System and Prevents Disease.

Read the following Analysis:  
MASSACHUSETTS INSTITUTE OF TECHNOLOGY,  
Boston, September 12, 1885.

Case Brothers, Gentlemen:—  
I have examined the SPRING WATER you sent me, and beg to submit the results: The results are expressed in grains to the U. S. Gallon:

Silica.....	0.606	GRAINS.
Alumina.....	0.023	"
Carbonate of Lime.....	0.770	"
Sulphate of Potash.....	0.075	"
Carbonate of Potash.....	0.075	"
Chloride of Sodium.....	0.215	"
Carbonate of Soda.....	0.189	"
Carbonate of Magnesia.....	0.180	"
Volatile Matter of Water.....	0.283	"
Total solids left upon evaporation.....	2.596	"

The water is very pure and admirably adapted to drinking purposes. It is unusually free from Ammonia and nitrogenous substances, furnishing upon analysis:  
GR. PER GALL.  
Free Ammonia..... 0.00013  
Albuminoid Ammonia..... 0.00099  
Yours very truly, LEWIS M. NORTON.

General Depot at the Springs where further Information may be had.

**CASE BROTHERS,**

SOLE PROPRIETORS,

HIGHLAND PARK, - - - CONN.

◆ **PRICE LIST.** ◆

**THE HIGHLAND TONICA WATER**

PUT UP IN BOTTLES ONLY, AND SOLD AT THE FOLLOWING PRICES:

12 Quarts in a Case,	\$2.50
24 " " " "	4.50
24 " " " "	8.00
24 Pints " " "	3.00
50 " " " "	5.50

It is slightly charged at bottling with pure carbonic acid gas, and will retain its remedial qualities for any length of time.

**THE HIGHLAND ROCK WATER**

FURNISHED IN BOTTLES, SLIGHTLY CHARGED, AS FOLLOWS:

12 Quarts in a Case,	\$1.75
24 " " " "	3.00
50 " " " "	5.50
24 Pints " " "	2.25
50 " " " "	4.00
Ebl, 40 Gallons,	5.00

Delivered "on board" at above prices.